

Do you think bullying is a serious problem in Hong Kong Schools?

I think bullying is serious problem in Hong Kong schools. First of all, what is bullying? Bullying is when someone is being hurt either by words or actions on purpose, usually more than once, feels bad because of it, and has a hard time stopping what is happening to them.

In Hong Kong schools, students have physical bullying and emotional bullying. Actually these two types of bullying both make people feel so bad. Physical bullying can be hitting, pushing and shoving, fighting and taking or breaking another person's things. These actions will hurt people and make people sad. About emotional bullying, it can be name calling, making fun or laughing at someone, leaving someone out on purpose and trying to make someone feel bad about who they are. I think emotional bullying is more terrible than physical bullying. It is because it makes one's spirit injured. Perhaps, it could be a problem forever. One in three teenagers aged 12 to 18 has experienced bullying in the past six months of Hong Kong schools. This illustrates that bullying is a serious problem in Hong Kong schools.

The effects of bullying can affect everyone – those who are bullied, those who bully, and those witness bullying. It can affect the students and society. Students who are bullied might feel hopeless and disappointed, it might affect the students' academic results. Then, about the society, students who are bullied might have difficulties in making new friends. They might feel upset and it would be difficult for them to develop their social circle.

What we can do in order to stop bullying in Hong Kong schools? I think we need to provide good education to students. Teachers need to teach students about the seriousness of bullying. After that, students might know the impacts of bullying. More education can prevent students from bullying and being bullied.

Regardless of physical bullying or emotional bullying, they both bring about negative effects. It makes students who are bullied feel hopeless and upset so it is important to tell the students the impacts and consequences of bullying.