

Do you think bullying is a serious problem in Hong Kong Schools?

From my point of view, bullying has become a serious problem in Hong Kong nowadays. As we all know, bullying cannot be accepted as it is considered anti-social behavior. Moreover, what is the definition of bullying? How many types of bullying are there? Do you know the reasons why it will happen?

First, we should truly understand what bullying is. It is an aggressive behavior among school aged children that involves a real or practical power imbalance. It usually happens more than once or has the potential to happen more than once. Bullying will affect children spiritually permanently, therefore, a lot of cases of teenage suicides are caused because of bullying.

There are three types of bullying which usually happen in Hong Kong schools. Verbal bullying is the most common bullying of all. It means that the bully will say or write some mean things about others, for example, teasing, name-calling or inappropriate sexual comments which will cause harm. Ostensibly, it will damage children mentally.

Furthermore, social bullying is the second type of general bullying. It is sometimes referred to as relational bullying, and involves hurting somebody's reputation and relationships. For example, leaving someone out on purpose and telling other children not to be friends with someone are some actual behaviors related to social bullying. By trying to isolate others, bullies want to show their power through controlling others.

Thus, physical bullying is the most severe behavior of bullying. Obviously, physical bullying involves hurting people's body or possessions. It includes hitting, spitting and tripping others. Also, taking or breaking someone's things usually happens when it takes place at school. If the cases of bullying are neglected, both children who are bullied and who bully others will have serious and lasting problems.

Moreover, cyberbullying has become one of the most serious problems. It is a form of bullying using electronic means. It has become increasingly common, especially among teenagers. The harmful behavior of cyberbullying includes posting rumors, threats and sexual remarks. Victims may experience lower self-esteem and increased suicidal cases. As it seems like that the bullies do not need to take responsibility after cyberbullying as it is hard to find them, and such cases of cyberbullying have been increasing.

As I see it, we should stop bullying at school as much as we can. Otherwise, it will be more students who suffer bullying and it may increase the number of teenagers who commit suicide.