

Do you think bullying is a serious problem in Hong Kong Schools?

I think bullying is a serious problem in Hong Kong schools. Now I will explain why I feel this way.

Firstly, physical bullying is a very serious problem. Punching, kicking and other physical attacks are very common in Hong Kong schools. There are many injured students with many wounds on their body and some might even become permanently disabled. Therefore, physical bullying is a serious problem in Hong Kong schools.

Secondly, bullying includes verbal bullying. This is when an individual uses verbal language to gain power over his or her peers. Verbal bullying is very common in Hong Kong schools and it is reported that some injured students commit suicide due to the damage caused by verbal bullying. So, we can see verbal bullying can be very damaging and may have long term psychological effects on the victims.

For victims, the effect of bullying can be damaging. It is because bullying might affect the psychological development of the victims. They may cause hatred to their classmates, their school, and the world. So, they may evade going to school and fear to develop interpersonal relationships. They might have poor academic performance and have low self-esteem. Even worse, victims may have depression, anxiety and other problems. In extreme cases, some might even commit suicide. Verbal bullying should be dealt with seriously by parents, teachers and school administrators.

For bullies in school, they always tend to use violence to solve problems and engage in other risky behaviors. So, we must handle the bullying cases seriously.

Finally, I think Hong Kong schools can do many things to curb bullying. For example, Hong Kong schools can provide more information and organize "Say no to bullying" talks for students which can help them know the seriousness of bullying. Moreover, teachers must look after every student to avoid bullying. Prevention is better than cure. Last but not least, Hong Kong schools must have more social workers to handle the bullying cases. To help the victims and bullies, these suggestions might help. Let's work together to create a harmonious school environment!