

Ng Wah Catholic Secondary School
2015 – 2016
English Department
English Writing Competition

S5 to S6 Champion

Ho Shing (S6E)

What I have learnt from my time at Ng Wah?

Throughout the time I have spent in Ng Wah, I had learnt a lot of important life skills and developed a good attitude towards studies and my life.

I have learnt how to cope with stress and tension in life. Students always have tests and examinations which cannot be avoided, although I have stress from my studies in my daily life, I have learned the best way to tackle problems. To overcome my weaknesses, I have to think optimistically. Moreover, since practice makes perfect, I plan my steps and achieve goals one by one. Consequently, I achieve satisfactory outcomes and beat down my weakness. I have come to realize that “preparation is always good for success”.

Another good attitude towards studies and my life that I have developed is how to persist until I achieve my goal. I was a member of the Sports Club while I was a junior form student. At the same time, I was a long distance runner. That not only strengthened my body,

it also developed my mind. I learnt to be tough and strong to compete in all the matches and competitions. In order to perform better each time, I pushed myself no matter how hard a thing would be.

In terms of life skills, I have learnt that good communication skills are necessary to get along with my classmates. Interaction with other people is an important skill to learn and practise. Although my studies are hard, I have built a good relationship with my classmates. I have found that my sense of belonging inside the classroom and into Ng Wah.

Another life skill that I have learnt is being polite. Good discipline helps a school run smoothly, and I have learnt self-discipline skills in my role as a Prefect in the school. I understand that I need to behave myself so as to be a role model in school for all my junior form schoolmates. A positive self-identity and a good responsibility are necessary for me. I have also learned morality and Confucian ethnics from my Chinese studies, which have helped me to become a better student. All in all, I have learnt a lot of things in Ng Wah which no books teach me. I am proud to be a Ng Wah boy!