NG WAH CATHOLIC SECONDARY SCHOOL

Inspiration

June 2012 Volume 4



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Message from the Principal



The "Inspiration" is a collection of short speeches presented by students of different forms in morning assemblies. Over the years, the one-minute speech in the morning assemblies gave chance to students to speak publicly so as to gain confidence.

Students are basically very brave to face the nearly one thousand audience on the floor. In view of our objective to train up their confidence in speaking English Language publicly, the outcome is satisfactory. The choice of content, an interesting aspect each time, reflected student's areas of concern and priorities. When I was listening to the speeches, I felt glad that some boys had grasped the gist of reading, although speaking without looking at the paper is still a target they need to strike.

I need to thank teachers who helped students in proofreading their drafts. Teachers' efforts have become students' drive to learn more English.

God bless.

Francis Wong Dr. Principal 13th June, 2012

Doing Things according to Their Priority

Lo Chin Long (S7A) 6th September, 2011



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

I was very disappointed with myself when I

received my exam results. They were not the best I have received in secondary school.

It made me lose confidence and I started to doubt whether I am really able to manage all my work and study.

I even thought of guitting my extracurricular

activities to have more time to study.

Eventually, I realized that my problem was actually not doing things according to their priority. What I have to do is give up time-wasting habits and finish my work as fast as possible. In order to motivate myself, I have set different goals for different areas, such as obtaining a certain grade in a subject.

I hope that by doing so, I could achieve better results in the coming examination.

Thank you

<u>Being Confident</u>

Lam Wai Hon (S7A) 7th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. This morning I would share about: Being Confident.

People say confidence boosts one's appearance and success. They see it as a magical thing that can make someone beautiful. It is certainly psychologically good for us.

Confident people find it easier to convince others. For instance, US President Barack Obama is a highly confident speaker. Whenever he speaks, regardless of the topic, audience are nearly always won over by his confidence.

Confidence can make a person happy and popular. Confident people are satisfied with what they have and who they are, so they are happy. That's why being confident is so vital for everyone.

How can we be confident? Try to find your strengths and appreciate yourself. More importantly, don't be upset to find someone better than you. No one is perfect in this world.

Thank you.

Facebook



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Many people say Facebook is a bad influence. They always criticize Facebook for violating

(0) the privacy of users, causing cyber

bullying and affecting users' social skills.

But Facebook is just a social networking tool that can be controlled by the users.

There are 2 sides of the coin when it comes to Facebook – whether it's good or bad depends on the user. It all comes down to self-discipline. Lee Ho Yu (S7A) 8th September, 2011

It's up to the users whether to upload their photos and personal information. If you don't want your privacy infringed, then don't upload your personal details.

Many teens are addicted to Facebook and waste a lot of precious time. Better time management can solve this problem. You just need to have the will power.

Facebook is a convenient yet dangerous tool. It can help us to stay in touch with friends and relatives, but it can put us at risk.

I think self-discipline is the best answer

Smiling has Magical Powers

Tse Tze Wai (S7A) 12th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Smiling has magical powers. Smiling doesn't take much effort but brings many benefits.

A smile can narrow the gap between ourselves and others. Most people prefer talking to someone who has a friendly



smile than someone who looks sad.

Smiling can help boost our confidence. When we are nervous, the best thing is to smile. Smile and being positive can help us achieve our goals and overcome difficulties.

Everyone should try to smile and find a way to solve problems in a more optimistic manner.

Thank you.

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We Should Not Trust Advertisement Blindly

Tin Ka Hung (S7A) 13th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Misleading sales practices are all around us these days. Advertisements promise us everlasting beauty and other miracles. I think it is a kind of commercial fraud.

Dishonest sales practices will lead consumers to make wrong decisions and spend their money on useless or unnecessary products. They mislead us into seeing ourselves as overweight or unattractive. Models are then shown "Before" and "After" photographs following radical transformations after using the product. People should know that many of these pictures have been touched up and manipulated.

We should not trust advertisement blindly. We should think twice before buying fishy products.

Thank you.



The \$6000 Cash Handouts

Hui Siu Lun (S7A) 14th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. This morning I would like to talk about the \$6000 cash handout.

Cash handouts are not a bad thing – for many it is a belated "lai see". With rising inflation and housing prices, as well as needs in the areas of health care, education and the environment, surely there are other more pressing issues that could be done with the money.

The successes and the failures of the budget cannot be measured by small deeds of kindness granted in short term but rather the positive outcome that the policies will reap in the long run.

Handing out about half of the expected budget surplus without improving the quality of life is irresponsible and irrational when the city is facing so many problems. I do hope that Mr.



John Tsang would consider better use of our resources. Thank you.



Everyone is Talented in Their Own Way

Chau Chun Kwan (S7A) 19th September, 2011



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Have you ever thought,

you were a little bit different? You know, no matter who you are, everyone is given a talent when they are born.

There must be a reason why you were born. Some people are unhappy because they think they are different, especially how they look. Some people also are unhappy because they suffer from some diseases and look ugly. Everyone is smart; some people are smart because they get perfect grades, but some people who don't get good grades are smart, but in a way that can't be measured by pop quizzes and worksheets. It's their talent that makes them special.

Everyone has a talent, no matter who it is. In fact, EVERYONE in the whole wide world has a talent. So don't be unhappy if you think you have a talent, slowly you will figure it out. Thank you.

<u>The Community Care Fund</u>

Ricky Ling (S7A) 20th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

The Community Care Fund aims to help people facing financial difficulties. It targets those who fall outside the social safety.

There are many social problems in Hong Kong and it is unrealistic to think the fund can solve them all. Therefore priorities must be set.

It would be best to focus on helping three groups of people, children from poor family, young people trying to start a business and the elderly.

The fund could provide lunch money and pay for school transport for children from a poor family, provide loans to teenagers trying to start a business and for the elderly it would be best to

subsidize the medical and health care.



I would encourage more companies to donate to the fund and restore the balance of wealth in Hong Kong. Thank you.

Facebook

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Some of my friends are worried that their family members will ask them to join Facebook "friends". Most of them ignored their parents' request because they fear they will lose their privacy.

Many teenagers don't want their parents to know what's going on in their social circles, they want to be independent. Yet, a minority of my Ng Cheuk Hang (S7A) 21st September, 2011

friends have a close relationship with their family and are willing to share things that are happening in their lives. They believe Facebook can help their parents understand them better.

I think parents should respect their children's wish if their children are not willing to be Facebook friends with them.



Animal Rights

Lam Pui Fung (S7A) 22nd September, 2011



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Animal rights concern

groups are calling the government to set up an animal police squad after recent abuse cases.

Two weeks ago a cat was found dead after being stabbed with a bamboo skewer and a two-month kitten was found shot eight times by an air gun replica. The group said the police squad will act as a deterrent against abuse and increase the chances of solving cases involving animals. The group is also calling for the increase in jail terms as well as a fine.

I hope that people on the street or passer-bys will not hurt these stray animals.

Thank you.

The Course of National Education

Kwok Hoi Ming (S7A) 26th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

The policy of making national education must have caused many heated arguments since the proposal was released.

The course will offer students systematic learning objectives focusing on the development of positive values and attitudes therefore enhancing their personal and national qualities.

Does it mean that having national education can raise students' awareness of their nation? Or having a flag-raising and singing national anthem can build our national identity? I doubt this. This subject too will overlap with other subjects like Chinese History as well as Liberal Studies, this could be time-wasting as students will learn the same thing in different subjects.

I think the Education Bureau should try to ask for more opinions from the public before carrying out this policy. Thank you.



<u>Rewards and P</u>unishment

Tse Man Ho (S7A) 27th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.



Reward and punishment are two important elements in any school especially in a classroom. They

are vital elements in education which build good moral values in children.

A reward should be an attainable goal that motivates students to reach higher whereas a punishment keeps students disciplined. A reward also enhances self-confidence but punishment teaches students that there are rules to follow, even outside the classroom.

It would not be easy to say which one is better but I think rewards are a better way of handling students' emotions and personalities.



Harm Caused by the So Called Harmless Chemicals

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Mainland farmers last month discovered watermelons that they planted had exploded. Some of them suffered losses as they had taken out loans to finance their investment.



The farmers were told by watermelon experts to add growth chemicals to boost their crop however the growth was uncontrollable and Fong Tsz Ming (S7A) 28th September, 2011

resulted in thousands of watermelons blowing up. This has added to China's bad image as a food exporter.

The farmers involved were first-time melon farmers who jumped into the market when prices increased. They used too much chemicals too late on the wrong kind of melon. Increased rainfall added to the problem.

Even though the chemical is said to be harmless, it certainly caused harm to China's reputation.

Thank you.

<u>The Community Care Fund</u>

Chan Ngo Fung (S7A) 29th September, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

The Community Care Fund is clearly intentioned to help the needy who are not covered by the existing welfare system.

The poor cannot depend on this fund forever. The government must help them to stand on their own two feet by providing more job opportunities and protecting their labour rights so they can earn a living.

The government too also put more importance

on welfare for the elderly and education as it will help ease the burden for some families. Without a chance to learn it is easy to get trapped in the poverty cycle.

This fund is just a temporary relief, the

government must put more emphasis on employment, elderly care and education.

Thank you.





The Increasing Cost of Study Materials

Li Yat Sing (S7A) 3rd October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

With the high cost of publishing rising and constant renewal of syllabus, the prices of textbooks are increasing very quickly.

Parents are expected to pay up to 5% more for textbooks in the next school year. It will cost them hundreds of dollars extra every year. Parents too cannot buy second hand books because of the changed syllabus.

For years the government has asked the

publishers to sell textbooks and teaching materials separately to help ease the financial burden. I think the government should help schools pay for teaching materials or maybe put all the materials online. This will help cut cost as well as help the environment.

Thank

you.



Enjoying the Moment while Taking Pictures

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

During the holidays most of us like to take lots of photos because we want to make records of our memories and share them with friends.



But sometimes while we are busy taking pictures we forget to enjoy the moment. For

example, we may be so busy taking pictures

Chan Chiu Hang (S7A) 4th October, 2011

that we forget to enjoy the food. When we visit a sight we too are so busy taking pictures that we never really get into the spirit of the trip.

We should take pictures so that they remind us of the fun times we had and refresh our memories but if the memory is meaningless in the first place, the photos will be meaningless.

Thank you.

Is Your Life Over Digitalized?

Lui Wai Ming (S7A) 5th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Some people refer to modern society as the 'elsewhere' generation where people are never fully engaged in the moment, but rather multi-tasking their experiences with electronic gadgets like phones, games and iPods. They are so busy digitally capturing the moment, they forget to experience it. horizons" and is eager to go on tours and trips just to do the above. Yet they have only absorbed a fraction of what there is to offer.

Perhaps we should ask

ourselves what we want – a real memory or a digital one.

Everyone talks about "broadening their

Thank you.

When There is a Will, There is a Way

Kwok Ho Fai (S7A) 6th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Today I want to talk about coping with hardship. We all face difficulties. No matter how smart we are, we can't avoid failure and desperate situations. I believe no one will treat difficulties as something they enjoy. We devote ourselves, try hard, but once we fail, we have to start all over again. It is discouraging.

When is the last time that you suffered from the bitterness of failure in the uniform test? Or the last night when you were struggling to finish massive loads of homework? Yes, these are the difficult moments we often encounter. However, these don't mean much in our whole life. As a person, we can't avoid the adverse situations. We are destined to face them again as long as we are still alive. Fortunately, there is one way out. This is to change our attitude.

Dear schoolmates, while facing difficulties, we may feel blue. But please remember: where there is a will, there is a way. As long as we have determination, an obstacle can become our stepping-stone and a milestone on the road to success. Thank you.





Better Communication Skills Brings Better Life Experience

Mak Ka Wai (S7A) 10th October, 2011



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Communication is important. With better skills, we can communicate more easily and this can help with our school work.

We have lots of presentations and oral tests therefore communication skills would help us get better marks. Such skills can also increase students' confidence. Good communication skills can reduce conflicts and misunderstandings. If we can get messages across to others correctly, our friends can respond correctly and we won't get into trouble too.

There are many advantages to having good interpersonal skills. You will find it much easier to deal with others and life would be a lot more enjoyable.

Thank you.

<u>The Importance of Sports</u>

Chan Lap Sun (S7B) 11th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.



Today I would like to share the importance of sports. Sports are very important to our growth both physically and mentally.

Hong Kong students are always under pressure brought by uniform tests and public exams, and students always fail to find a way to relax. In my opinion, sports give us an escape from the hectic life we live. Besides, playing sports regularly can also keep our body fit and so we are more capable to deal with high pressure.

Sports such as football and basketball involve more teamwork and cooperation. Therefore, we can learn how to communicate and compromise with others through sports. Moreover, playing team sports can build up the team spirit of a group, and so the harmony in the group can be enhanced.

Finally, I hope everyone will participate more in the coming sports day and enjoy playing sports in our daily life. That's all of my sharing, thank you!

<u>Free Daily Newspapers</u>

Chan Yiu Fai (S7B) 12th October, 2011

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates, today I am going to talk about free daily newspapers. Free daily newspaper refer to those newspapers which are distributed free of charge, and their revenue mainly comes from advertising. The first U.S. free newspaper was found in 1940s in California. The world's largest international free newspapers company is Metro, distributing newspapers in 17 countries which include Korea, Russia, and Italy.

However, the number of free daily newspapers supplies in Hong Kong is increasing day by day, and the numbers of copies can definitely show that the public support and welcome newspapers. Try to observe the queue of people for waiting for free daily newspapers nearby, most of them are elderly and they try to get as many copies as they can receive. The advertisements are also important parts for the free daily newspapers because they have to attract the attention of their readers, and this is the main income of the newspapers. It is difficult for them to strike a balance between advertising and reporting news, and the advertised products should be generally purchased by citizens, mainly provided with coupons or bargains.

In conclusion, the free newspaper brings lots of impact to our society, such as the environmental problem on using paper, and the advertising also affects our judge to buy a product. This is the end of my sharing, thank you for your attention.

Studying Method



Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today, I would like to talk

about the study methods for effective learning. Do you feel depressed when you do revision? Do you have difficulties in memorizing things? If yes, that means you don't have an effective study method.

Take myself as an example, sometimes I think

Fung Cheuk Hei (S7B) 13th October, 2011

that there are many things to memorize in Biology, Chemistry or Physics. I will draw mind maps when I do revision. The mind maps can connect the knowledge I have learned in the lesson. I find that it is very effective for me to memorize things.

Effective study methods are different for everyone. You should find suitable methods to study so that you can get better results in school and public examinations. Thank you.

How Music Can Change Your Life

Wong Chung Hang (S7B) 17th October, 2011

Music plays an important part in giving you happiness and joy.

Music brings fun, entertainment and joy in your life. Music has a power to touch your inner feelings and give you a desire to achieve something better in life. Music is a universal language which is accepted by all regions of the world.

Music has many types. Some music gives you energy, some music sometimes bring tears to your eyes and sometimes sparks a special memory of a time, place, food, situation or person. Music is always to relax you, it reduces your stress, and makes you feel happier.

Do you like music? Hope you all can make it a part of your life. Your life would improve!

<u>The Role of Computers in Our Life</u>



Nowadays, computers play an important role in our life. With the

development of information technology, computers are widely used in every aspect of people's work and life. So, can you imagine what our world would be like without computers?

Wherever we are, it is impossible to avoid seeing a computer around us. It is because most machines and data managing systems are controlled by computer nowadays, for example, the products management system in retailer chains, and even the automatic driving system of airplanes. We can also acquire tons of information on computers through the Internet Wong Ho Fu (S7B) 18th October, 2011

conveniently. It provides us with plenty of valuable information and resources in all genres, from academic resources to international news.

Despite all the advantages that computers bring, we should never rely on them blindly. What if your computer broke down somehow? How would you acquire information without the aids of the Internet? Therefore, I think we should turn back to basics sometimes to prepare ourselves to tackle problems without using computers in our daily life. For example, doing research by the resources and references provided in libraries, I believe that we can discover a lot more and also be inspired.

Public Examinations

Wong Wai Lam (S7B) 19th October, 2011

Good morning everyone. Today, I would like to talk about the public examination. In just a few years, you guys will have to face the HKDSE. Being a candidate of HKCEE, I would like to give you some reminders for the public exam.

First, remember to have a habit of doing exercise. It is because you will need a healthy body to deal with your study and the stress that you have. Regular exercise keeps your body in good condition and it also gives a high efficiency of study.

Besides, remember to have enough rest on the

day before your exam. A good condition and a relaxed mind can help you keep your brain clear and accurate. Don't try to do lots of revision as it will only bring you more stress.

That's all of my reminders; hope that all of us can get a good result in the coming exam. Thank you!



Friendship

Lam Yuet Ting (S7B) 20th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today I am very pleased to have this opportunity to share with you about friendship.

In our life journey, we will make lots of friends by participating in different events, such as extracurricular activities and doing voluntary work. Nevertheless, the most common medium for us to establish a long-lasting friendship is our school. In our school life, we always meet our friends on every school day and have lunch with them. Those students who are going to sit for the public examination will form study groups with friends in order to maximize the efficiency of doing revision. Hence, they may develop a strong feeling of brotherhood which in turn becomes an eternal friendship.

The establishment of an eternal friendship is not a difficult task as long as you have determination and perseverance. If you also want to possess a long-lasting friendship with your friends, just keep contact with them during your spare time and share your happiness and sadness with them. Lastly, I sincerely hope that all F.6 and F.7 students can enjoy the last few months in Ng Wah and make good use of these few months to strengthen the bonding between you and your friends because they may probably become your best friends in your life. Thank you.

Methods to Help You Relax



Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

In the present day, students are under a lot of pressure especially academically. For all Hong Kong students, no one can escape from the exam system and it has become a main pressure to students. Now, I would like to share some methods to help you relax.

Firstly, setting the timetable is one of the best ways for you to reduce stress. Do everything on schedule, you won't feel nervous that the studying time is not enough. It can also help you have a better result in the exam. Hui Wai Hung (S7B) 24th October, 2011

Secondly, forget your study for a little while and do your favorite things such as eating, reading a novel or listening to music. During this period, your brain will be relaxed and it is good for your health and studies.

Finally, it is advisable for you to share your worries with your best friends. I think they will definitely help you find out the best solution or give you some invaluable advice.

Hopefully, these suggestions can help you reduce stress. Thank you!

<u>The Visit of Legislative Council</u>

Lau Yung Lam (S7B) 25th October, 2011

Recently, I've just visited the new building of the Legislative Council. And I would like to share about my feelings about this experience.

Most of us had already seen the blueprint through media before. But when we really step into the recreational area, seeing those exposing concrete, no waterfalls, no lotus pond, all Utopian imaginations just scattered and disappeared.

The idea of design implies various qualities of Legislative Council. However, it is not difficult to observe problems behind the project supervised by our reliable government. A TV program had investigated that the resultant recreational space was sharply diminished, which is not obeying the blueprint. It is reasonable to leave a solemn image for Legislative Council, but we cannot accept contributing this under concealing the public.

In all fairness, the interior construction is user-friendly, considerate and environmentally friendly. The observing seats for public in legislative meeting could efficiently spice up political concerns among different generations and groups of individuals. They have just set up a milestone of Hong Kong political development.

1)reams

Ho Kwok Leung (S7B) 26th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today, I would like to talk about dream.

Did you have a good dream last night? Dreams are successions of images, ideas, emotions, or



sensations that occur in the mind during sleep. Scientists believed that dreams are the nerve impulses

released when the brain is working during sleep.

There are different types of dreams, most of them are related to our daily life. For example, when you watch a horrible movie, you may have a dream about the movie you watched that night. Dreams are a mystery, did you experience that things happened in your dream are same as things happened to you in your daily life before? Some believe that it is only the illusion we had, while others maintain that humans can foresee the things happen in the future. We still cannot explain this phenomenon.

Thank you.

Widening Wealth Gap in Hong Kong

Hui Chun Kit (S7B) 27th October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today I would like to give a brief talk about the widening wealth gap in Hong Kong.

Government statistics show the Hong Kong's rich people got richer over the past five years and even the poor made more. However, middle-income earners were squeezed even harder. An academic said that people in the middle were miserable and frustrated. The city was at risk of turning into a so-called M-shaped society, with swelling numbers of rich and poor people and a diminishing middle class. The academic accused the government, the city's biggest employer, of taking the lead in outsourcing its jobs to contractors, who paid low wages and pulled down the average

employment earnings.

That's all. Thank you.



What do Difficulties Bring?

Lee Chuen Mau (S7B) 31st October, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today, I would like to talk about facing difficulties.

I believe that everyone has to face difficulties at least once in a life time, some may collapse before the obstacle while others are able to get over it. The key point is that the winners have learned not just watching the surface of a thing but instead seeing deeply what it is. We should not regard the difficulties as something like monsters, we need to calm down before we take action.

What we can benefit from after stepping over the door is the improved or even innovated skills and problem-solving techniques and hence we are more ready to fight against the coming one. Thank you.



What is Your Dream?

Law Tin Long (S7B) 1st November, 2011

Good Afternoon Principal, Vice-Principals, teachers and fellow schoolmates. Today, I would like to talk about dreams.



Have you ever dreamed of being a doctor, or do you have any other dreams? For me, my dream is travelling around the world to learn about

different cultures in different parts of the world. To achieve my dream, I need to work hard and strengthen my knowledge and body as I may come across many difficulties during my travelling. What I want to tell is that having a dream is very important.

Before I find out my dream, I did not know why

I need to study, and I hate studying very much. However, after I set my dream, I treat it as my target, and I study hard because I need to achieve what I pursue. Setting up your target is very important as it can push you to work harder. Though the final result may not be as satisfactory as you expected, at least you gained something during the process of trying. Moreover, if you do not have a target, you would absolutely gain nothing and you won't obtain success!

Schoolmates, a dream is really important as it's the first and foremost step towards your success. I hope you all have your own dream and try your best to achieve it. That's the end of my sharing, thank you.

<u>The Joy of Reading Traditional Books</u>



Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Nowadays, ebooks are widely used in Hong Kong. Some people even think that traditional books can be substituted by ebooks. However, I prefer reading traditional books.

Many of us value traditional books highly because of the 'look, feel, and smell' factors. Book lovers enjoy the texture and smell of paper pages and enjoy slapping in that favourite Leung Hon Nam (S7B) 2nd November, 2011

bookmark and head cover bindings.

In addition, traditional books offer far more than ebooks in terms of variety. There can be nothing more satisfying than walking into a bookstore and be surrounded by a great variety of choices.

Last but not least, traditional books don't cause you to strain your eyes, therefore allowing you to read for longer periods of time. That's the end of my sharing. Thank you.

Privacy

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today I want to share my views on privacy.

Nowadays, more and more people like surfing the net to chitchat or interact with people using different net platforms, for instance, Facebook, Twitter or MSN. As we all know, being a member of these kinds of platforms is necessary before we access their services. You have to input your name, gender, mobile phone number, the date of birth, address or even your ID card number for registration. The information you input will be saved in a service provider's database. Is it safe or unsafe? Have you ever thought about why they need all this information?

For me, take my Facebook privacy settings as an example. I only allow my friends to have a access to my front page. Because I don't think it is necessary to share my information to Sum Chi Ho (S7B) 14th November, 2011

strangers. You may think that sharing yourself more may let others have a better understanding about you. But I suggest if you want to know me more, just ask me directly.

It is important not to disclose all your information in the public eyes because it may bring trouble to you. I believe that some teachers, senior students, including me, have received junk calls. Some of the calls even know what my surname is. I asked them how they got my surname but they didn't answer me. I realized that once I answered a questionnaire and I wrote down my surname and my mobile phone number.

Finally, I advise you to maintain your private information in a secure way wherever and whenever you are. This is the end of my sharing. Thank you.

Online Videos



Good morning Principal,

Vice-Principals, and schoolmates.

YouTube has recently become highly popular across the global Internet users who make use of it to capture and share personal footage of themselves. Back in 2006, the infamous "Bus Uncle" video clip, which was created by a local Wong Alexander Francisco (S7B)

14th November, 2011

using YouTube, stirred up a huge reaction in Hong Kong and prompted many local users to try creating movies on their own. In addition to this, it has become the spotlight of local and international media attention. On the other hand, YouTube has also been criticized for being used as a channel to advocate violence and pornography. Thank you.

Ng Wah Boys

Leung Chun Kit (S6B) 15th November, 2011

Having positive thinking is also our good point

too. I seldom hear anyone of us giving out any negative energy or comments. No matter what

difficulties we are facing, no matter what accidents happen, what I can always see is our

smiling face. It's good for our emotion and

studying environment. I hope this tradition will

I am going to leave Ng Wah soon, but for most

of you, who are still standing here, please do

treasure your time and enjoy your life in Ng Wah.

this career can save lives when there are

emergency cases. Another reason is that when I

was in S4, I went to visit my friend who stayed

in hospital. Beside my friend's sickbed, there

was a little girl who could not move and she was

exhausted. At that moment, I was really upset

and asked myself how I could help her. That is

be kept in the future.

Thank you!

Good morning Principal, Vice-Principals, teachers and fellow schoolmates, I will leave here soon to sit for the coming HKDSE. Before I leave, I would like to share my feeling of studying in Ng Wah.

I think most Ng Wah boys are fun people. We play in classrooms, the layground or outside school. Being energetic is good, but I think Ng Wah boys put too much energy in seeking fun, including me. I think we should put more effort in different areas, especially in our studies. And this is the only way that we could get a better academic result.

reams

Chan Hung Yam (S6B) 16th November, 2011

Good morning Principal, Vice-Principals, teachers and my schoolmates.

Today, I would to talk about my dream. Before I start, I want to ask you a question. Do you have a dream? I dream to be a registered nurse when I graduate from secondary school.

You may wonder why a boy like me wants to be a nurse. Isn't it a traditional job for women? In fact, I think there is no gender-specific for this career and it is a meaningful job as well. When I was a child, I always got ill, so I know when you are sick, you need someone to care for you. As a result, I dream to be a nurse when I grow up. why I want to be a nurse so much! I hope everyone has a dream. A dream can turn into a driving force to lead a meaningful life. Also, may I wish all the S6 and S7 students every success in the coming public exams.

In addition, I would like to work in a hospital and

Thank you.

<u>Athletic Spirit</u>

Cheng Ho Yin (S6B) 17th November, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,

Did you remember what Steven Hui, leader of the Athletics Team, said at Athletics Meet? It is better for each of us, as a student, to participate in the Athletics Meet at least once in our school life. You may think that he is too exaggerated. However, he brings out a very important message – we are part of the school.

There were many absentees on that day. Don't you think the atmosphere of that day was not good enough? It is because not every one of us was participating wholeheartedly. A friend of mine from another boys' school has told me that none of his schoolmates were absent from the school events. They have a strong bonding between them. They cooperate and have a strong friendship. I do envy their spirit.

Ng Wah boys, please do not always complain, and do not always ask for what you want, you should ask what you can do for the school! You may not feel comfortable because of some school rules or policies. However, as Father Law said, we are part of the school and we have the right to negotiate. But, we should do the best of our part first. Thank you.

<u>Medium of Instructions in Secondary Schools</u>



Good morning Principal, Vice-Principals, teachers and fellow schoolmates,

Today I would like to share my opinion about the medium of instruction in secondary schools. Since 1990, the HK government adopted mother tongue teaching. A couple of schools changed their medium of instructions from English to Chinese.

In my opinion, this policy is not really as successful as expected and the level of English

 $$18^{\rm th}\ November,\ 2011$ of most students declined as a result. It is because the policy reduces the chances of using

Cheung Ka Lam (S6B)

English among students - the most important element in learning a language.

I think applying the language in life is the best way to practise. However, mother tongue teaching hinders students' use of English in life. In using English as the teaching language, students can always practise using English. A better language environment is the best way for us to improve our English proficiency. Thank you very much for your attention!

Why We Have to Study Mathematics

Good morning Principal, Vice-Principals, Teachers, and my fellow schoolmates.

It is my honour to have this opportunity to share with you my learning experience.

Today I would like to share with you why we have to study Mathematics. To be honest, I don't really like this subject. We can barely use it when we graduate, so why do we need to study it? Why do teachers always make us study this troublesome stuff?

Until now, even though I hate Maths; I have to live with the reality. In reality, Mathematics is very much important to our daily and working lives. First, this subject can improve our logical thinking and analytical skills. Although some Yeung Ho Lun (S6B) 18th November, 2011

topics might not be of 'any use', learning Maths helps you to understand things around you in more depth. A mathematician will be able to analyze problems and unravel mysteries far better than a person who does not understand Maths. Learning Maths also develops your patience and discipline. Maths can be used to solve problems. It leads you to understand those complicated things in your daily life.

I would highly recommend you to start studying Maths again. Trust me, it'll be worthwhile. You might not realize its benefit now, but sometime in your future, I'm sure you'll be thankful for putting effort on the subject. The most important thing is that passing Mathematics is essential for entering University. Thank you!

Unforgettable School Life in Ng Wah

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,

Ng Wah boys; which things are unforgettable in your secondary school life?For me, I am proud of myself because I am one of the athletics team members in Ng Wah.

In my memory, not only results, prizes or trophies, but also all events happened in Ng Wah that are worthwhile for me to remember. In Chan Ching Lam (S6C) 21st November, 2011

Ng Wah, I share all my feelings with my fellow schoolmates and we strive for success together. They really enrich my life in Ng Wah.

Ng Wah boys! Don't get angry yourself for not doing anything for your school, just try your best to do so. When you succeed, you will build up a sense of belonging in Ng Wah. Then, you will be proud of yourself to be one of the Ng Wah boys. Thank you!

<u>Rest</u>

Choi Chun Kit (S6D) 22nd November, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,



Today, I would like to share with you about 'rest'. As we know, a well-earned rest is very important for us. However, many students do not have

enough rest. According to the Hong Kong Federation of Youth's survey, nearly 30% of students do not get enough rest during school days. The changes of the new academic structure and examinations are the major factors. If we do not get enough rest, we feel exhausted or listless. Even worse, it affects our concentration and increases our pressure.

To be honest, taking a break when necessary or trying to do some exercises or simply sitting in repose with one's eyes closed, is already the best cure of exhaustion. We feel refreshed afterwards.

My dear friends, remember this, 'Business sweetens pleasure, and labour sweetens rest.' That's all I want to say. Thank you.

How to Release Stress

Tsui Kin Pong (S6E) 23rd November, 2011

Good morning Principal, Vice-Principals, teachers and fellow classmates, today I would like to share with you about how to release stress.

First, have you ever felt having not enough time to use when you face a lot of things needed to be handled, such as a lot of homework and quizzes? If yes, then I believe that you are not only under stress, but also lack time management skills. Every day, we need to have extra lessons after school. How can we feel less stressful after school? For me, I will talk to someone who will listen. During the conversation, I can talk with my friends about the challenges I faced today. We always share the happiness and challenges to have a better EQ. They will always encourage and stand by me so that I do not feel alone. On the other hand, not only talking with friends, exercising can also be relaxing. After doing exercise, you sweat a lot and you feel tired. And then you get a good quality sleep and forget everything that affects the mood.

Finally, I hope all of you can score high marks in the 1st term. Thank you!



The Importance Of Getting Enough Sleep

Yu Tsan Yin (S6E) 24th November, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. I'm Yu Tsan Yin from 6E.

It's reasonable that we need to spend one-third of our life sleeping. It enables our body and mind to restore. However, nowadays we seem to be disregarding the importance of having adequate sleep or a regular sleeping pattern, doing stuff through the night rather than sleeping. So, today I'm going to talk about how

insufficient sleep can problematic for us.



Yes, we already know that not getting enough sleep

makes us feel tired or hard to concentrate in our

lessons or work. But not only that, it also impairs our judgment and decision making as our brain is overworked, which lowers our performance in tests and exams.

Sleeping is essential for long term memory building of what we have learnt during the day, so we can see that insufficient sleep is directly affecting our effectiveness in learning.

As a student, we want to be successful in our studies. Revision is undoubtedly a must, but we should not overlook the importance of sleep. So fellows, remember, work hard, play hard, and also sleep hard. That's the end of my sharing, thank you!

Chung Sui Lun (S6E) 25th November, 2011

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates, today I am going to talk about dreams. Everyone has a dream. Somebody dreams of being a popular singer while somebody dreams of being a football star. It doesn't matter because dreams can be everything. However, what comes to be important is that having a dream is not enough at all. We should learn how to make our dream come true. The first thing is planning. It helps us manage our time well and optimize our working efficiency. Our time is limited. But how can we use our limited time to chase the unlimited

knowledge? The answer is 'good-planning' and the second one is doing. Everyone should have a dream and dare to finish it despite any difficulties because no sweet without sweat. Dreaming may be positive because it pushes us to work hard. But on the other hand, if you just keep dreaming and nothing, your dream will only be a dream.

So Ng Wah boys, remember, practice makes perfect, and also makes your dreams come true. Thank you!



Improve Our English to Better Understand Comic Culture

Chan Chun Shing (S6E)

30th November, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,



Have you guys read any comics? I guess that most of you have read Japanese and Western comics. Are you confused about why the comic

culture has spread around the world?

During the development of transportation and information exchange, some businessman wanted to earn more money. They started to explore a larger market and then globalisation occurred. Therefore, one of the elements of our life has been put to economic use. The culture such as language, comic and music, have become a kind of product. This product spread around the world market and we can see it in different countries as a result.

Hey Ng Wah Boys! Do you know why our school spent so much money on the English banners? The banners are not just for fun! They always remind us to make an effort in learning the international language and be well-prepared to adapt the challenges of globalization. So think about how you can improve your English! Thank you!

Secondary School Life

Au Ka Hang (S6E) 1st December, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Most students will find that the days and times spent during their secondary schooling are fun and enjoyable. However, life in secondary school is more valuable than I expected.

"Responsibility", "Independence" and the "Importance of Teamwork" are what I realized to be the most important essence during secondary school life. To become more independent, I volunteered for various posts in different extra-curricular activities. I was a member of the Athletics Team and the Cross-Country Team. Through these trainings and competitions I learnt what responsibility is and how important it is. I also realized that teamwork and communication skills are important as well.

I would like to take this opportunity to encourage all Ng Wah Boys to work together, to be responsible for what we are doing towards a better future of our school. Thank you!



The Negative Sides of Printed Advertising Materials

So Chi Ming (S6E) 2nd December, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

I always see mailboxes stuffed with printed advertising materials, bank statements and such promotional materials which harm the ecosystem. Just consider how much woodland is wasted for the sake of massive amounts of printed materials. Large-scale deforestation leads to soil erosion which can trigger deadly flooding and mudslides.

Besides, printing pamphlets costs time, labour and money that could be spent on more useful projects, for instance planting trees. We can make use of telecommunication technology to deliver promotional messages. Websites, e-mailing services and promotional hotlines can provide reliable, efficient and convenient means. Please do stop wasting our precious resources.

Thank you!



Facebook

Wong Ho Man, Francis (S6E) 5th December, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Facebook is used by a great many people and some go to Facebook to make new friends and exchange photos.

However, I am concerned that many young people spend a lot of time on Facebook. This can end up being very time– wasting. It is also easy for strangers to get the personal information of young people. They might even find out which school a young person studies at.

We should be careful who we communicate with and not acquire too many new friends. The fact is that Facebook is an imaginary world and it can put us at risk.

We have to be careful about what information we decide to give out on Facebook and what to keep back. Thank you!



Cycling in Hong Kong

Au Wai Ming (S6E) 6th December, 2011

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Cycling around Hong Kong instead of riding in an air-conditioned car is something we rarely see. For me, this is an unrealized dream.

In my own life, I have struggled to take up a sport. I have always wanted to go cycling – but looking at the size of our flat and the layout of

the city, I always have second thoughts. Where are the bike lanes especially in Kowloon area?

It is sad and unfortunate that the Government has not been doing its best to promote cycling across the city as it helps to protect the environment as well as promoting a way to exercise. I hope that in the near future, there will be more bicycle lanes for us to cycle around. Thank you!

My Experience of a Summer Programme

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

During my S5 vacation, I joined a programme called 'Chinese University Summer Institute', which allows selected Form 5 and Form 6 students to have a taste of University life and the Chinese University culture. During the programme, I met some professors and students. We built up an extensive friendship. It was the most delightful and meaningful event I had joined throughout my life.

Day one, I was a little tense and fearful because I did't really know how to get along with others and even my teammates, who were strangers at the time. However, this feeling disappeared just after the icebreaking games. My group leaders and most of my teammates were very sociable Fung Tai Leung (S6E) 7th December, 2011

and extroverted. I was really comfortable talking to anyone of them.

It was nearly impossible for me to forget the moments we spent together, among which the most unforgettable one way when we talked at night. We liked to discuss our personal story, view, study and whatever related to us. Some of their views had changed my mind, including my attitude on how to handle friendship and my study.

In the past, I used to focus on nothing but only academic items. I was very driven to study, and sometimes I may ignore others' feeling. But now, I do treasure all my friendships and have a better balance between life and study.

Thank you!



Participating in Various Extra-Curricular Activities

Good Principal, Vice-Principals, mornina teachers and fellow schoolmates.

I am restless and like to visit everywhere to see the sights in different places. I also love to participate in a variety of extra-curricular activities, including robotics, computer activities. Thereby these promote my growth of knowledge through extra-curricular activities, to make friends, expand my social circle and promote personal growth.

Kwong Ka Chun (S6E) 8th December, 2011

Robot Club in school and compete with other students in Robot Cup Junior, Hong Kong (RCJHK). I study how to solve problems and improve our program through communicating with my teammates. Sometimes, solving problems by myself may not find the main problem in an event. Because of this competition, I understand that friends and teammates are very important in my life.

Going solo may not be the best.

In my secondary school life, I am glad to join the

ommunication

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

I was the Vice Chairman of Student Union last year in S5, where I faced different challenges and learnt how to organize and solve problems on my own. I learnt organizational techniques, leadership skills and collaboration with a group of people to make compromises and agreement. Moreover, with the experience in holding inter-school events, I become а qood team-player.

I have a strong interest in communicating with others. From the inter-school Christmas Ball, Singing Contest to a class gathering, I have Thank you!

Law Yiu Ting (S6E) 12th December, 2011



was often invited to deliver speeches and sharing to my schoolmates in morning assembly, whether it be in Chinese or English.

For me, I believe that communication is the best resolution of conflicts and it allows us to deliver messages effectively. Thus, I really hope I can have the opportunity to study subject related communication, not just to fulfil my ambition but also to allow me to make a contribution to the society. Thank You!

My Experience of a Volunteer Programme

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

When I was still in S5, I joined the volunteer programme conducted by Caritas Hong Kong. In order to educate us to serve our community when we grow up, the charities arranged us to paint the front gate for some senior citizens. I think it is highly significant to join this event.

That day, we arrived at the estate of the senior resident. I will never forget that the first image that sprang up in my mind was that the gate was in need of painting. Meanwhile, an old man opened the door. My schoolmates greeted him and started the conversation. I rarely talk because I am not as sociable as my schoolmate so I started my work. Lau Kai Long (S6E) 17th January, 2012

After I finished painting, I felt relatively tired and exhausted. I started to think, how could the old man paint his gate without anyone's help? Some of the elderly may even have some physical disabilities, a harsh condition that I do not want to imagine.

The old man was lovely and he said thanks to us. Whether he said thank you or not I am glad that I could help him and it was my pleasure to do so. Without their effort, we would not have the society that we have today. Don't take it for granted. It is responsibility for us to give a hand to them; young citizens should appreciate the effort from the elderly. Although I may not be as talkative as other, I am enthusiastic about helping others, I think only joining a few volunteers workshop is not enough, so I wish to help others in my future job. Thank You!

<u>The Negative Impact of Smoking</u>

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Smoking causes many problems in your social and private life. It is a waste of money to smoke as cigarettes are expensive. In the long

run, buying cigarettes will become a burden to you and the family.

Obviously, smoking is dangerous to our health. Not only have the smokers suffered, but also the Ken Hui (S3A) 18th January, 2012

people around them. If someone smokes, people around him will become passive smokers and suffer from similar problems as well. Smoking weakens our body, reduces our working and athletic abilities. More importantly, it is one of the major reasons of causing lung cancer, heart diseases and asthma. These diseases may shorten our life.

Say No to Drugs

Jacky Ma (S3A)

19th January, 2012

Good morning Principal, Vice–Principals, teachers and fellow schoolmates.

Today I would like to share with you about a teenage problem in Hong Kong. Nowadays, there are more and more teenagers who can't stop taking drugs. But why do they take drugs? In my opinion, maybe the teenagers think drugs can relieve their pressure from academics, family or friends. Besides, they are affected by their friends and curious about the drugs so they try to take drugs unwittingly.

However, the teenagers don't know the permanent side effects of taking drugs clearly. Some common drugs taken among teenagers include ketamine and ecstasy. If you try a little, you will have illusions and your mind will be

confused. Also, they will affect your reproductive

Water Pollution

Good morning, everyone. Today, I would like to talk about water pollution. As the world advances, continuous economic development has led to many problems. One of the serious problems is water pollution.

The cause of water pollution is factories. Nowadays, there are many factories in developed or developing countries. Factories discharge polluted or even poisonous water into the sea. This affects the aquatic lives. system gradually. Some addicts have to go to the toilet since their bladder capacity becomes lower. Moreover, taking drugs wastes money because drugs are extremely expensive. If you don't give up drugs, your friends and family will even leave you gradually and you will become lonely.

Taking drugs has a great deal of bad effects and harms your body functions so I remind you not to try to take drugs and say no to drugs. Thank you!



Ken Hui (S3A) 20th January, 2012

Water pollution is very serious. I think we should do something to protect the sea. I have some suggestions for you. We can suggest the government limiting factory's emissions of pollutants and implementing a sewage handling charge. Thank you.



How to be a Successful Guy

Ching Kin Chung (S3B) 6th February, 2012

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates. Today I would like to share with you how to be a successful guy.

In fact, I think all of you would like to be a successful guy. Although it is so difficult, I believe most of you can overcome the obstacles. As a successful guy, the main quality is self-confidence. For example, while facing the crowd, we must stay calm. Also, when we meet difficult tasks, we should be optimistic. We should not be scared and anxious, we must take up our responsibility to complete the task and must keep on until the end. We should not give up easily and should not blame ourselves when we fail because it is meaningless for us to do that.

Finally, if we do something wrong, we need to be reflective about the mistake we have made and avoid them the next time.

If we keep on doing all of these things, I believe that all of you can be successful guys. Thank you!



Say No to Bullying



Good morning Principal, Vice-Principals, teachers and my fellow schoolmates.

Today I'm going to talk about bullying. As you know, bullying happens everywhere. For example, when a new student attends a school, the other students may bully him or her. I extremely sad about that. I remember a song called 'Don't laugh at me', and I find most of the lyrics touching such as 'Don't get your pleasure from my pain. In god's eyes we are all the same'. I remember the first time when I heard this song, I didn't understand the meaning of this

Lai Hing Sang (S3B) 7th February, 2012

song. But several weeks ago, I had a chance to enjoy it again in the English lesson. I started to think the people who are bullied are very pitiful and helpless. And you may ask what they should do. I think they should choose a positive way to settle their problems directly; perhaps they can talk with the bullies about their feeling and let the bullies know that it is wrong to do so. Unluckily, when the situation of bullying gets worse, the victims may think that commit suicide can solve their problem. In fact, it is totally wrong. So please don't get your pleasure from the other's pain since you cannot get the real happiness in this way. Thank you
Bad Effects of Smoking

Lau Wing Kei, Michael (S3D) 8th February, 2012

Good morning Principal, Vice-principals, teachers and fellow schoolmates.



Today I would like to talk about the bad effects of smoking. Smoking is responsible for about 87 percent of lung cancer deaths. The bacteria in the

lungs can lead to bronchitis in which the air passages of the lungs are reduced. This makes breathing difficult and can damage the heart. Besides lung cancer and heart problems, smoking damages the respiratory and digestive systems of the body.

After all, every cigarette you smoke shortens your life. Smoking brings many people closer to the grave. Therefore "say no" and stop smoking today.

This is the end of my sharing. Thank you!

<u>My Hobby</u>

Cheng Sze Kit (S3C) 9th February, 2012

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,



Today I would like to share with you about my hobby. A good hobby keeps a healthy body and a healthy mind. We should make good use of our free time. For me, my favourite pastime is reading. Reading is a life-long source of pleasure. Reading good books can acquire more knowledge and enlarge our vocabulary bank. It provides the knowledge we are unable to get from personal experience. It brings us pleasure and is a healthy recreation. It is also a method of mental training.

So, let's start reading today! Thank you!

<u>My Favourite Animal</u>

Chan Wing Yin, Tommy (S4B)

10th February, 2012

Good morning Principal, Vice-Principals, teachers and classmates. Today, I want to share about my favourite animal. Do you know what my favourite animal is? My favourite animal is a snake. I loved snakes when I saw them for the first time.

There are different kinds of snakes in the world. They are classified according to their body colour and their living nature. Snakes are popular pets in America and Australia. Keeping snakes as pets can help the farm owners to keep off the mice in order to protect the crops.



animals. They do not need much to care and they seldom attack people. I hope you like them.

I love snakes so much and I have some snakes

as my pets now. Their streamlined body makes

them attractive. I love to see them moving their

body along the rocks and sand. I go to Mong Kok

twice a week to buy some food for them. I

usually feed them once a week too! They are good pets to keep at home as they are amazing

That's end for my sharing. Thank you for your listening.

Christmas

Wong Tsz Hin, Bruce (S4B) 13th February, 2012

Good morning Principal, Vice-Principals, teachers and my schoolmates. Today, I would like to talk about Christmas. Christmas is the biggest festival in the Western world. It is a very happy day for many boys and girls. We celebrate Christmas because Jesus was born on that day!

On Christmas day, we say "Merry Christmas" to everyone and have a party to exchange gifts with our friends. We will also send Christmas cards to them. Sending Christmas cards at Christmas is a meaningful act. It can help us keep in touch with each other. In the past, we usually sent Christmas cards by post. Nowadays, with the advancement in technology, we send them through email.



I love Christmas because it is a festival of love and happiness. Christmas is coming, I hope you can enjoy it, and have a wonderful Christmas.

This is the end of my sharing, thank you very much.



How does Public Speaking Help Your English

Ng Ho Tung (S4C) 14th February, 2012

Many teachers want us to join public speaking. But have you ever tried to think of the reasons? If you think it is simply because the teachers want to increase

our workload, you are completely wrong. In fact, there are many benefits to public speaking.

First, joining public speaking can increase our confidence. As we have a chance to speak English in front of many people, and more importantly, to those people whom we don't

know, we will soon be less afraid of speaking English publicly.

Second, we can improve our English through the process. For example, taking part in prose or solo-verse speaking enables us to learn more new words and the skills of reading English naturally. So our English can improve gradually in the process of practice.

If you want to find a good job in Hong Kong, you need to have good English. Public speaking is one of the ways to improve English.

Ho Pak Fung (S4C) 15th February, 2012



Good morning Principal, Vice -Principals, teachers, and schoolmates. Today I would like to express my feeling

towards HKDSE. I have three points to share with you.

I am anxious as we have only one chance to get into a university. Under the current curriculum, students can first experience HKCEE before the more challenging HKALE, so they can have more psychological preparation than us. Second we feel like guinea pigs. We don't exactly know the difficulty of the exam we are all simply following the sample papers that are provided by the Education Bureau or are designed by the publishers.

Third, I doubt about my study and career paths. Since HKDSE is now mainly designed for society, the qualification may not be recognized by some institutions and companies, especially when students want to further their studies or career overseas.

Although it is not an easy task to get a seat in a university, I will try my best to tackle the problems that I am facing in the coming years. Thank you.

Barack Hussein Obama

Ricola Wong (S4C) 16th February, 2012

Good morning, Principal, Vice-Principals, teachers and my fellow schoolmates.

Today I would like to talk about my role model, Barack Hussein Obama who is the first African American to hold office. I admire him very much! Obama, we all think he is a normal man who studied Law at the University of Chicago. He was an associate for three years from 1993 to 1996



at the University of Chicago. Obama was elected to the Illinois Senate in 1996, and he started his political career.

Obama announced on November 13, 2008, that he would resign his Senate seat on November 16, 2008, before the start of the lame-duck session, to focus on his transition period for the presidency.

On February 10, 2007, Obama announced his candidacy for President of the United States in front of the Old State Capitol building in Springfield, Illinois. After the campaign, on June 7, 2008, Clinton ended her campaign and endorsed Obama. Obama won 52.9 percent of the popular votes to McCain's 45.7 percent. He became the first African American to be elected president. Obama delivered his victory speech before hundreds of thousands of supporters in Chicago's Grant Park. Although Obama is the first African American to hold office, he didn't give up. He ignored other people's joke and sneers. He was determined to ignore all discrimination and be a successful president. This is my role model- Barack Hussein Obama! Thank You!

<u>Two Interesting Stories</u>

Good morning everyone. Today, I would like to share two interesting stories in our home country, China. The first story took place in Hong Kong. In Hong Kong, a flour container at the Garden Company plant in Sham Tseng became too full and spilled two tones of flour. The white flour covered the nearby areas causing a snowy scene on the road.

The next event took place in the mainland China. The world's tallest man rescued two dolphins in Leung Yiu Lun (S4D) 17th February, 2012

a zoo with his extraordinarily long arms. The dolphins swallowed some plastic and became unwell. But vets failed to remove the plastic. The tall man helped by putting his arm down into the animal's mouth to take the plastic out. He is from inner Mongolia and his height is 2.36 metres.

I think the above stories are very strange. Hope you enjoy my sharing. Thank you.

<u>How to Improve Our Engli</u>sh

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. Today, I would like to talk about how to improve our English.

Firstly, we should speak more English. Speaking more English can help us in oral presentations. In many Band 1 schools, students are used to speak in English with their teachers and friends during or after the lessons. Therefore, they get the communication skills when they exchange their experiences.

Secondly, we should listen to more English music and watch more films. Both can train our listening skills.

Poon Wing Hin (S4D) 1st March, 2012

Reading English books is the best way to help us improve writing and reading comprehension. We can learn a lot of vocabulary and grammar items through books.



We should spend more time studying English and speak more. Improving English is not impossible. Hope this sharing may help you.

Thank You!

<u>Say No to Bullying</u>

Yau Tsz Kin (S4D) 1st March, 2012

Today, I will talk about bullying. Bullying happens at schools, in society or in different kinds of places. Bullying can make people feel hurt or unhappy. Therefore, bullying should not happen at school. If we have bullying at school, students' teenage life will be severely affected.

If we are at school, we should not play with bad students, because they will teach us bad things. We will then do wrong things at school or in the society. In fact, if someone bullies you, you can and you should find a teacher to help you. If you don't ask for help, the bullies will bully you every day.

All in all, to create a harmonious environment, bullying must be stopped.



Keep Balance between Learning and Playing

is just an extra.

decision.

Lai Shing Hin, Ken (S4E)

unhealthy, bad-tempered and even stand aloof

from our family. I do not discourage teenagers

to play games. If you have done all your work, you can play it anytime. Remember, learning is

the most essential thing we have to do. Playing

Anyway, choosing between learning and playing

is all up to you. I hope all of you can make a wise

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That's the end of my sharing. Thank you.

Good morning Principal, Vice-Principals, teachers and my schoolmates. I want to share with you "Games" today.

Teenagers nowadays like playing online games especially some portable game players. I understand why they are obsessed with it as they want to reduce their pressure through playing online games. However, they haven't thought that playing computer games for a long time may cause a lot of problems such as hurting our eyes.

Wallowing in game world is the most serious problem of playing games. We will probably be

<u>My Hobby</u>

Wong To, Leo (S4E)

2nd March, 2012

Good morning, Principal, Vice-Principals, teachers and schoolmates. Today, I would like to share with you my hobby. Many students love playing computer games as their hobby. And my hobby is fishing.

I go fishing when I finish my work. Fishing is a very relaxing activity. I can fish for the whole day long. Although many people think that fishing is boring, I have fun and I learn many things from it. Fishing is very technical, the current, the timing and every signal from the fish are important. It is sent to the fishing rod. If you miss the signal or being too late to observe the signal, the fish will run away. Fishing can also build up my patience. Another reason that I love fishing is that I can gain something special. Sometimes, there are some foreigners observing when I am fishing and I will talk to them so that I can improve my English.

Hope you guys will find your hobby apart from playing computer games and you can change the attitudes towards fishing. Thank you.



We Need to Spend Less Time on Mobile Phones

Heung Wai Ming, Raymond (S4E)

5th March, 2012

Hong Kong citizens always play with their mobile phone no matter if they are on the bus or having lunch. But it will influence our body because the product has radiation.

If we make contact it for a long time, our health will be affected. Why don't we find something to do or to take exercise when we have spare time?

I would recommend everyone to go hiking during the holidays. We can enjoy the fresh air and tranquillity of the countryside. One must also be cautious about our safety during a hike.

First of all, we need to take enough water and food to save for a rainy day. We also need to have good preparation before starting our journey. We can mark everything we planned on the map as it would be our guide during the hike. What's more, we should go to different websites to search for information about different hiking tracks so as to choose the best which we are competent with.

Finally, I hope everyone will love hiking and take it as an exercise in spare time. Get rid of the electronic products now! That's all I want to share. Thank you!



Ceilidh – A Scottish Dance

After going to the New Asia Middle School to join "From Kowloon City to the World", I met some friends and learnt some English words. This programme gave us time to communicate with the students from other secondary schools and from the University of Hong Kong.

In this programme, I also learnt two kinds of traditional food and a Scottish dance – Ceilidh.

Tse Hon Chung, Douglas (S4E)

6th March, 2012

Those two kinds of traditional food are from Singapore and Scotland. They are very yummy. Ceilidh is a very interesting dance, it only has 32 steps, and then it will repeat to the first step. I think Ceilidh is just like a street dance which can express your feeling.

I want to join this programme again because I can meet more new friends.

My Experience of an English Activity

So Kwok Yuk, Eric (S4E) 7th March, 2012

It is my honour to be one of the participants in the educational and meaningful Liberal Studies Promotional Activities called "From Kowloon City to the World – Cultural Exchange Student Forum".

In this activity, we had an opportunity to communicate with foreigners, therefore, we could learn more about their culture and customs. Through these activities, I met a lot of people who had different cultural backgrounds. It was a really good chance for me to improve my English oral ability, and let me be aware of this international language. Since speaking English is the only way to communicate with foreigners.

I hope that I will have more chances to join this kind of activity in the future.

My Experience of an English Activity

Recently, I participated English in an promotional activity called "From Kowloon City to the World – Cultural Exchange Student Forum". There are many students from different schools to join this cultural exchange student forum. Some students from The University of Hong Kong also participated in this activity. They come from different countries and regions. Some of them are from Malaysia, some of them are from Australia. They shared their experience, knowledge and culture with us. We could talk to each one another freely and randomly during the tea break.

After that, all students were divided into seven groups. Each group was given a topic such as cartoons, films and festivals. Each group had two leaders who were the students of the HKU. The topic of my group was festivals. We went to different classrooms according to our topic. Chu Kin Ming, Ken (S4E) 8th March, 2012

First, the two leaders introduced several festivals to us. Then, we talked about our favourite festival to one another with reasons. Chinese New Year is favoured by most of the students because the majority of them like the reunion with their family members. The two leaders were Malaysians, so they taught us to speak some Malaysian language. It was exorting for me.

Participating in this cultural exchange activity, I can learn more culture and knowledge from different people and different ethnic groups. It also promotes the communication between students from different schools and regions. We can make friends with one another. It was really a meaningful activity and deserves students participation.

<u>A Simple Life</u>

Cheung Cheuk Fung (S5A) 9th March, 2012

Today I want to talk about the film "A Simple Life" which was directed by Ann Hui starring Andy Lau and Deanie Ip, released in 2012.



The film is adapted from a story of the young Lord Roger and his own domestic helper Miss peach. It is a story between a master and a servant. Miss Peach

started working in the family at the age 13 and

had been working for over 60 years and only in the last decade did Miss Peach and Roger live together. The two got along, with very few exchanges. Then one day, Miss Peach had a sudden strokes of, Roger sent her home, which has expanded a touch of master and servant. If I were the servant, I would feel comfortable because the young Lord is taking care of me.

That's the end of my sharing thank you!

<u>Cosmetic Surgery</u>

Fung Pok Wan (S5A) 12th March, 2012

Today I want to talk about cosmetic surgery.

Nowadays, cosmetic surgery has become more popular in the society and many people accept it. It shows people think appearance is very important in their life. I do not support this fashion. The reason for most people to get cosmetic surgery is that they do not have enough confidence. They want to improve their self-esteem by having cosmetic surgery. They should not adopt such methods to build up confidence. They should meet more friends and discover their strengths. In addition, some people are addicted to surgery regularly. If they don't do it, they can't focus on their daily life and

work. So I do not support this trend.

Thank you!



Friendship

Cheung Hok Him (S5A) 13th March, 2012

Good Morning Principal, Vice-Principals, teachers and follow schoolmates.

Thank you!

Today I want to talk about friendship, I have a lot of friends but I have never thought of what kind of friends I needed until last summer. During summer, when my friends knew that I had to repeat F.5, some of them laughed at me but some of them supported me. I found that the friends who laughed at me meant it for fun whereas those who supported me were my real friends. I hope all of you will find your real friends and cherish them.

hello

<u>Mother's Day</u>

Chung Ka Chun (S5A) 14th March, 2012

Mothers' Day is coming in May. Have you made any plans yet?

For me, I'm going to yum cha with my parents. I know Chinese restaurants will be very crowded but when I think of how they care about me and love me, I don't mind waiting in the queue. You can always choose friends, teachers and your classmates, but not your mother. Time flies. When you become a man and you will understand, how great mums are, it might be too late. If you never have a child, you can't understand how a mother cares for her children. Lastly, I hope all of my schoolmates will have an unforgettable day with their mums. Thank you!



<u>Success</u>

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Today I want to talk about success. Everyone dreams of being a millionaire one day. Most people are under the misconception that being wealthy is equivalent to being successful. They think that a successful person should work in a prestigious corporation with a very high position. This is very different from what I think that measures a person's 'success in life'.

A successful person is not necessarily good at studying. One may not have good academic results at all. If you can recognize your talent and cultivate it, I think you have already succeeded. It's not easy for one to know what Lam Ka Tsun (S5A) 15th March, 2012

one should do or what path to pursue in the future. I believe a person with a goal will pull oneself together and will spare no effort to achieve the goal.

With clear goals and strenuous effort, one can also succeed even though one doesn't have good results in one's studies.

That's the end for my sharing. Thank you!



Hui Chi Ho (S5A) 19th March, 2012

Good morning Principal, Vice-Principals, teachers and schoolmates:

Today, I would like to talk about "hope". Everyone should have hope in their heart, don't feel despair. It is because if you feel despair, you will feel more upset and your road to success will be more difficult. Everything can be changed, including the final result,

"Hope" is important for everyone. It can be a target to make people see the first dusk. When the result is not reached quickly, people should work-hard to try their best.

It is true that no pain no gain. Strive to reach your goal. Don't give up.

This is the end of my sharing. Thank you.



Remembrance Day

Lau Ka Ho (S5A) 2nd April, 2012

Today I'm going to introduce Remembrance Day for you.

Remembrance Day is the same as Poppy Day. It is a memorial day observed in Commonwealth countries since the end of World War 1 to remember the soldiers who died in their duties. Remembrance Day is observed on 11 November to recall the official end of World War 1 on the eleventh hour on the eleventh day of the eleventh month of 1918.

In Hong Kong, Remembrance Day has not been a public holiday since July 1997, but Remembrance Day is marked by a multi-faith memorial service in Central. This memorial service is organized by the Hong Kong ex-serviceman Association and the representatives of Government, various religion traditions and uniform group will attend the ceremony. The ceremony includes the sounding of "Post "&"Reveille", two minutes of silence, the laying of wreaths, prayers, and ends with a recitation of the "Ode of Remembrance".

There are some sentences written for the fallen soldiers and I think it is very meaningful.

"They shall grow not old, as we that are left grow old age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, we will remember them".

If you are interested in the Remembrance Day, you can attend the memorial ceremony this year.

Mother's Day

Lam Ho Yin (S5A) 3rd April, 2012



Good morning Principal, Vice-Principals, teachers and my fellow schoolmates. Today I want to talk about Mother's day.

Mother's Day originated in the United States. The purpose is to convey the thoughts of mothers and respect for all mothers. Yesterday was Mother's Day. How did you celebrate with your mother? In my case, without my mother, I'm afraid I cannot survive in this world more than one second. So, it is high time for us to repay her for all the years she took care of me. There is no better way to celebrate this special festival than to give my mother red carnations. In fact, every mother's contribution is often over-looked, Mother's Day allows people to pay attention to the status and contribution of women as mothers. Please continue to love your mother, don't give yourself any regrets.

Finally, I hope you had a happy Mother's Day with your mother. That's the end for my sharing. Thank you!

Working Hard

Hung Chung Long (S5A) 16th April, 2012

Good morning Principal, Vice-principals, teachers and my fellow schoolmates.

Today I want to talk about working hard.

First, you meet temptations, such as playing basketball, playing computer games and playing music. You should reduce this. I believe you should never give up, just like when you are playing computer games, you are trying to win, so I hope you have the same spirit in your school work. If you try hard, all things are possible. Moreover, you must not say "it is too late or too difficult". In addition, if you meet setbacks, you should find a right way to finish the job. You shouldn't copy homework and cheat in the exams because you are just lying to yourself.



I hope every one of you will work hard from now on so you will have no regrets in your future. Thank you.

<u>My Like</u>

Chan Chak Sum (S5A) 16th April, 2012

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates

Today, I want to talk about my life. Time flies, my life as a student is almost over. Next year, I need to sit for HKDSE. Simply I know that my record is not good. I'm very weak, especially in English, it is my weakness. I have never passed an English exam since S1. But, it's the high time that I worked hard, because I don't want to have any regrets. So, to all my schoolmates, don't follow me, students' life is almost over, there is enough time to make a change instead of having regrets in your life. Although I know getting into university is very difficult .I will work hard and try my best. Even if I fail, I will have no regrets. So everyone, fight for your dream!

That's the end for my sharing .Thank you.

Time Management

Chan Hang Chun (S5A) 17th April, 2012

Good morning Principal, Vice-Principals, Teachers and my fellow schoolmates,

Hello, I am Chan Hang Chun from 5A. Today I would like to talk about time management. Many people think it is hard to manage their time and say that they don't have enough time. I agree with them but, we can plan our time although we do not have much time.From my point of view, we can do something to manage our time better. To start with, we must plan a timetable, jot down the things we have to do, and spend our free time to rest or play.Do not

> stop following the timetable.I hope it is useful for you to plan your time nicely.

That's the end of my sharing. Thank you!

<u>Teenagers Using Internet</u>

Good morning Principal, Vice-principals, teachers and fellow schoolmates.

Today, I would like to talk about teenagers using the internet. First of all, I believe some teenagers use the internet to play computer games and check facebook. And I believe it is not a problem. It can make people relax.

But some teenagers spend too much time on it. It wastes time. It will slow down the progress of school-work. Also, family relationships become bad.

So, I hope some schoolmates can wisely use

Chung Sai Ho (S5A) 18th April, 2012 their time. Don't spend too much time on the internet.

Thank you! This is the end of my sharing.



<u>My Favourite Sport</u>

Yu Tim Fu (S5A) 19th April, 2012

Good Morning Principal, Vice-Principals, teachers and my fellows schoolmates. Today I'm going to talk about my favourite sport.

My favourite sport is basketball. I have played basketball since I was in primary six. I got a healthier body and I made lots of friends through the basketball game. I joined the school basketball team when I was in S3. In the basketball game, I found myself and basketball became my favourite sport. Even when the exam were approaching, I still spent time to play basketball, because I understood the meaning of "No Pain, No Gain".

In S3, I cried when I lost the basketball match. But now, I will stay calm and find out the problems and solve them by myself. I met my best friend in basketball games, we always go to play basketball and share our happiness or sadness together, also, playing basketball gives me a lot of satisfaction. They are the reason why basketball became my favourite sport. My fellow schoolmates, do you have your own favourite sport or hobbies? Hope all of you will enjoy your favourite sport or hobbies. That's the end of my sharing. Thank you!

<u>Heary Metal Music</u>

Law Ka Wai (S5A) 20th April, 2012

Good Morning Principal, Vice-Principals, Teachers and my fellow schoolmates.

HEAVY METAL



Heavy metal, often referred to simply metal, is a form of music characterised by aggressive, driving rhythms and highly

amplified distorted guitars, generally with grandiose lyrics and virtuosic instrumentation. Heavy metal is a development of blues, blues rock, rock and prog rock. Its origins lie in the hard rock bands that between1967 and 1974 took blues and rock and created a hybrid with a heavy, guitar-and-drums-centered sound. From the late 1970s on, many bands would fuse this sound with a revival of European classical music. Heavy metal had its peak popularity in the 1980s, during which many of the existing subgenres first evolved. Although not as commercially successful as it was then, heavy metal still has a large world-wide following of fans known by terms like *metalheads* and *headbangers*. I think metal is a cool music style because the beat is very fast and raw. You can shake your body to the music. If you feel angry or sad, metal music can set you free.

That's the end of my sharing, thank you!

<u>Money</u>

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates.

Today, I want to share about money. Money can buy a house, but not a family. Money can buy a bed, but not sleep. Money can buy a clock, but not time.



Money can buy a book, but not knowledge. Money can buy a companion, but not Yeung Man Ho (S5A) 23rd April, 2012

a friend. Money can buy a position, but not respect. Money can buy food, but not appetite. Money can buy amusement, but not happiness. Money can buy insurance, but not safety. Money can buy medicine, but not health. Money can buy blood, but not life.

It is time that we took a deeper understanding of money. I hope my sharing will give you some insights on the value of money. That's the end of my sharing. Thank you.

reams

Chan Chi Hung (S5A)

24th April, 2012

Good morning Principal, Vice-Principals, teachers and schoolmates.

Today, I will talk about dreams. Everyone has a dream. What is your dream? Being a rich man? Enrolling in university or other important things? Our dreams have a common point. All dreams are far away from us. Are these only dreams? No way!!! Why can't we work hard to achieve what we want? Everybody knows who J. Lin is. In the beginning he was just a weak person. He has a dream too. He trains basketball real hard and hoped he could play in the NBA. As a result, he played in the NBA and became a new basketball star. I believe if we set our heart on our studies. We can gain more. Dreams are not

far away from us. We will be successful and happy. I hope that everyone can achieve their dreams.

That's the end of my sharing! Thank you!



My Class

Kwok Chak Fan (S5A) 25th April, 2012

Good Morning Principal, Vice-Principals, teachers and my fellow schoolmates, today, I would like to share something about my class 5A.

Although 5A is a class which is not good at academic results, all of us are good friends, all members in my class have different nicknames, if we know one of our classmates birthday, we will have him a surprise and prepare a birthday party for him. Sometimes teachers say we are naughty and naive, but we are optimistic and joyful. We hope we will have an unforgettable school life.

On the other hand, we love sports very much, because we are lively. When the school bell rings, you can see many of us playing basketball, football and other ball games in the playground. Some boys always join the football and basketball matches.

Lastly, the public examination is coming. All of us should study hard to prepare for the exam. I hope my classmates can get a satisfactory result. This is the end of my sharing. Thank you.





Should we sometimes do things that we do not enjoy doing?

Today I am going to talk about "Should we sometimes do things that we do not enjoy doing? "We live in a world in which everyone wants to be successful. Nothing is wrong with the desire to be NO.1, and there is no doubt that being successful is enjoyable. Nevertheless, it is somewhat childish to think we can be finally successful by only doing what we enjoy doing. People are often amazed by the glorious appearance of a skyscraper, however, at the same time they forget the fact that the skyscraper had taken a long time to construct, maybe a much longer time to design, and possibly even cost people 'lives during the constructing process.

We may categorize things into two groups, the enjoyable and the non-enjoyable ones. At the same time, another category can be made, the necessary and the unnecessary. The point is, Cheung Fei Hung (S5A) 25th April, 2012

things that are necessary are not always enjoyable, and things that are enjoyable sometimes may be unnecessary. Doing necessary things is indispensable for individual success. We all admire those who now have attained great achievements, but we should be aware of the exorbitant prices they have paid for their present glories.

Things that are both enjoyable and necessary or both non-enjoyable and unnecessary virtually seldom exist. We may dislike some curriculums in school, such as Mathematics or English, but they are necessary. We may prefer leisure times to school days, but the latter are indispensable. Pursuing a successful life is nothing more than making wise choices. And by wise we mean the choices of doing necessary things first. This is the end of my sharing.



English Enhancement

Lo Kai Chiu (S5D) 25th April, 2012

As Hong Kong is a cosmopolitan city, a good command of English is vital for everyone living in the city. Despite the fact that English has long been taught and learnt as a secondary language in both primary and secondary schools, it is noted that the English standard of Hong Kong students has been dropping sharply. I would suggest a number of ways in which students can enhance their English proficiency outside school.

Watching TV and listening to radio are the best channels for students to learn English. Students

can sharpen their English by watching and listening to more English TV and Radio programmes. Through watching English TV programmes and Radio broadcasts, students can improve their listening skills and enrich their vocabulary power.

Students in Hong Kong should find themselves fortunate as Hong Kong provides them with an ideal environment to learn English outside the school campus.

A Book Named *Christmas Carol*



Good morning Principal, Vice-principals, teachers and my schoolmateS. Today I would like to share a book with you Every Christmas always reminds me of

this book, "Christmas Carol". The story is about Scrooge on Christmas Eve. He doesn't know the true meaning of Christmas. However, these were all changed after he had met the four ghosts-Marley, Ghost of Christmas Past, Present and Yet.

The first ghost, Ghost of the Past took Scrooge back to his past life. The second ghost brought him to Christmas parties and celebrations at the present where families and friends gathered joyfully beside the glowing fire and where Kum Wai Nam (S5D) 26th April, 2012

Scrooge himself was sitting alone in his own cold room. The third ghost, Ghost of Christmas Yet to come, brought him to the future where Scrooge saw his own dead body being buried in a cold and deserted graveyard. No one cried over his death. Finally Mr Scrooge woke up. The new Mr Scrooge now was full of love and joy.

I love the ending very much. I think the meaning behind it is very important. We need to appreciate those around us more than material things and money. This book is an outstanding story. I believe this is an excellent book for many reasons. The pictures and the captions are also a big help to understand the characters. Also I learn to believe and understand the true meaning of Christmas. Thank you!

<u>How to Improve Our Family Like</u>

Good morning Principal, teachers, and my fellow schoolmates. Today, I am going to share with you about how to improve our family life.

For a start, forgiveness is the fundamental element. Many quarrels occurred since we are unwilling to forgive others. Everyone does make mistakes. So whenever our family members have made a mistake, we should learn to be considerate and forgive them. It is not worthwhile to argue with them just for the purpose of proving that they were wrong. Forgiveness allows us to understand each other. Kwok Sai Fung (S5D) 2nd May, 2012

Apart from forgiveness, last but not least, we should always be supportive whenever we have family problems. Try to imagine that if you were in their shoes and how you need support and how significant support is. It is worth doing them at any price for the sake of living in harmony with our family.

Thank you!

Media

Shum Ming Sing (S5D) 2nd May, 2012

Good morning Principal, Vice-Principals, teachers and fellow schoolmates,

Today, I would like to talk about media. Extreme competition among free newspapers and television stations has grown in intensity recently. The launch of an additional three television stations in the territory is planned for next year, with the possible upshot of changing the local television industry. Once the king of the industry, dominating the local TV scene, TVB's standing has been greatly affected by its actors and management staff fleeing. Once, TV dramas produced locally took the Chinese-speaking global population by storm. While lack of competition has meant that is set to change, according to experts who predict the new channels will reform the face of the local TV industry.

Local TV programs have been the target of criticism recently, with many believing the quality has taken a turn for the worst. The general consensus is that these programs are not only lacking in originality but also imitations of Japanese and American TV dramas. The development and promotion of local television industry are on the cards thanks to three new television channels which will be launched in Hong Kong. In conclusion, competition between local TV Corporations will become intensive. I hope the audience can enjoy good TV shows with this new change. Thank you.

Education System



In Hong Kong, there are many calls for reformations of our education system. It

means that there are imperfections in the present one. As teachers have repeatedly pointed out, examinations are the best way to check a student's knowledge; they show what a student does or does not understand.

The importance of public examination means

The Importance of Good Air Quality

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates,

With more Hong Kong people becoming aware of the importance of good air quality, the worsening air pollution problem is a big social issue. Despite campaigns such as Action Blue Sky and Clean Air Charter brought forth by the government, it is still not uncommon to find Victoria Harbour being shrouded in a cloud of murky air with many skyscrapers barely visible. What is more disappointing is that the situation hardly improves even when factories in the Pearl River Delta are closed during the holidays.

Not only does the poor air quality destroy the beauty of our harbour, but it also raises new questions about sources of pollutants. We, Hong Kong people, usually blame factories in the Pearl

students' learning become examination-oriented. On the face of the competition between hundreds and thousands of peers, students even cannot spare one minute for a break, let alone participate in other learning activities. Therefore, it comes as no surprise that employers frequently complain that Hong Kong students lack the ability to think critically. So, what should we do to escape from this situation? It is a question we should think seriously again.

> Yeung Cheuk Kwan (S5D) 7th May, 2012

Lee Kwai Pan (S5D)

has

3rd May, 2012

River Delta for emitting excessive pollutants which blow over Hong Kong. In fact, Hong Kong must also share the blame as the pollutants as evidenced by the above case. If we still turn a blind eye to this situation, the consequences brought by air pollution for Hong Kong will be irreparable: Health of citizens would be harmed; investors and talent would be driven away from Hong Kong; productivity would be reduced and we can no longer keep our economic momentum.

Do you really want to bear such consequences in the coming future? The answer is surely no. Let's do our part in combating air pollution. With our unremitting efforts, I am convinced that we, together with our future generations, can enjoy summer days and fresh air in some not too distant future. Thank you!

<u>Success</u>

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates,

Have you ever wanted to be a millionaire? If anyone defines the term "success" based on money, this means winning that great success is merely based on luck. But to be less of a dreamer, and be more realistic, success would undeniably come from our own efforts. Einstein once said that "Success is one percent of inspiration and ninety-nine percent of perspiration". In my opinion, this is absolutely right. People cannot be successful without hard work.

First, hard work, although in some aspects can never guarantee success; yet, it ensures that success is possible. Despite the fact that some may argue" success is not possible without luck"; yet the truth is that when you try your best to achieve a goal, you will create our own opportunity, and opportunity will bring luck to you. A particularly good example of this is the Wong Ho Tin (S5D) 9th May, 2012

greatest achievement in the field of science; hard work is a crucial key opening the door to success. Scientists have to spend years for study, work hard to discovery what the important phenomena are or find the cures of disease. In this case, although there may be cases how a discovery was found by luck, but I firmly believe that without hard work, they would never obtain this final success. Thus, there can be no doubt that hard work plays a significant role in success.

Work hard does not mean you simply try your best. It has more to do with paying lots of dues and building a certain skill set so that when opportunity arise you have the knowledge and skills to capitalize on it and make something great of it.

This is all for my sharing, thank you!!!



Plastic Surgery



Good morning Principal, Vice-Principals, teachers and schoolmates,

Today, I would like to talk about plastic surgery, I think all of you have heard of it before. What is plastic surgery? Plastic surgery means that somebody changes their face by an operation. Plastic surgery has become an issue in Hong Kong and is contained in personal development and interpersonal relationships of liberal studies. Recently, people undergoing plastic surgery are increasing and this is a modern trend in Hong Kong. However, it also reflects the self confidence and self-esteem of people. If they try to undergo this operation, I think they are dissatisfied with their appearance, or they don't think they are good looking enough. Li Chi Kong (S5D) 10th May, 2012

Plastic surgery in Korea is extremely popular. There are many teenagers who have undergone plastic surgery. They always reckon the appearance is very important for them, and an operation will affect their competitiveness positively. The most popular and famous singers of Korea have undergone plastic surgery. Girls' generation and Super Junior are the examples.

I think plastic surgery is harmful to our faces and we need to spend a lot of money on it. I suggest that all of you try to get used to your appearance which was given by the god. We need to protect our faces. Different people have different appearances. Moreover, every person must have a personal style.

<u>My Life</u>

Good morning Principal, Vice-Principals, teachers and fellow schoolmates. I'm going to talk about my life. I easily gave up during my childhood. Since I have studied in Ng Wah, I have had a big change.

I studied in Ng Wah Primary School and Ng Wah Secondary School. I really love Ng Wah because I have learnt a lot in Ng Wah, such as how to do better and how to improve my life. In my opinion, Li Yuk Yam (S5D) 11th May, 2012

the most important thing in Ng Wah is team spirit. Ng Wah inspires me a lot and I learned the life style of "Never give up". So Ng Wah boys, especially the S5 students, we should cherish the memories in Ng Wah and push ourselves to do better, just like the Ng Wah team spirit.

Remember "No pain No gain". Enjoy the rest of your school life. This is the end of my sharing. Thank you.

Students' Attitudes towards Learning

Zhen Peng Wei (S5D) 14th May, 2012

Good morning, Principal, Vice-Principals, teachers and fellow schoolmates.

Today I would like to talk about students' attitudes towards learning. Learning attitude is always very important to success. Attitude can change every aspect of a person's life, including their education. Student's attitudes toward learning are related to their ability and willingness to learn. Some student's negative attitudes are not changed, so they may not enjoy their studying or become unlikely to continue their education. I think changing students' negative attitude is very important.

If students can have a positive attitude towards learning, they can get knowledge and be interested in learning easily. So I want to give every student some suggestions about how to change negative attitudes towards learning.

First of all, you shouldn't spend much time on playing, that may interfere with your time to finish homework and revision.

Secondly, you should have enough sleep, you need to sleep six to eight hours every day. That can make you focus on learning wholeheartedly.

Finally, you should have a healthy body, you need to have a balanced diet, drink water, do exercise. If you have a healthy body, you will not get sick easily, and you can have a good condition to pursue knowledge. That's the end of my sharing, thank you!

Cut Your Coat according to your cloth

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates.

What was supposed to be a fun day in the Hong Kong marathon turned into a tragedy at least for one family during last month? A runner collapsed and died after the race. Two other participants, meanwhile, remained in hospital that night in a critical condition. The tragedy involved a 26-year-old runner who collapsed after crossing the finish line of the half-marathon. The event organizer said this Ho Cheuk Him (S5D) 16th May, 2012

was not the competitor's first race. A 24-year-old female runner also fainted during the 10-kilometre race. Her family said this was her first time to take part in the event.

Don't overestimate yourself and we should have a reasonable expectation. I hope the next marathon will successfully be held without tragedy. The third term exam is just around the corner. We should put more effort to review textbooks. Hope for the best, prepare for the worst.

Martin Luther King

Cheung Tsz Wing (S5D) 17th May, 2012

Good morning, Principal, Vice-Principals, teachers and fellow schoolmates. Today I would like to talk about Martin Luther King.



Martin Luther King, Jr. was an American clergyman, activist, and prominent leader in the African-American Civil Rights Movement. He is best known for his role in the advancement of civil rights in the United States and around the world, using non-violent methods following the teachings of Mahatma Gandhi. King has become a national icon in the history of modern American liberalism.

A Baptist minister, King led the 1955 Montgomery Bus Boycott and helped found the Southern Christian Leadership Conference (SCLC) in 1957, serving as its first president. King's efforts led to the 1963 March on Washington, where King delivered his "I Have a Dream" speech. There, he expanded American values to include the vision of a color blind society, and established his reputation as one of the greatest orators in American history.

In 1964, King became the youngest person to receive the Nobel Peace Prize for his work to end racial segregation and racial discrimination through civil disobedience and other nonviolent means. King was assassinated on April 4, 1968, in Memphis, Tennessee. He was posthumously awarded the Presidential Medal of Freedom in 1977 and Congressional Gold Medal in 2004; Martin Luther King, Jr. Day was established as a U.S. federal holiday in 1986.Thank you!

<u>The Doomsdays Predictions</u>

Chan Chi Kin (S5E)

18th May, 2012

Good morning Principal, Vice-Principals, teachers, and my fellow schoolmates. Today, I would like to share with you about The Doomsdays Predictions. According to the Mayan Long Count Calendar, the current cycle of the genus will end on 21st of December 2012. Most of us treat it as human extinction theory. Literature also pointed out that this day is the awakening and transformation of human civilization. Maya does not own our modern science and technology, but their astronomical and mathematical proficiency is amazing. However, Maya civilization collapsed without leaving any traces and posterity cannot guess the reason.

In conclusion, we are not confirming when the end of the world is. We should not pay too much attention to the world coming to the end, but rather consider the meaning of life. Thank you.

Music

Chau Chun Yin (S5E) 21st May, 2012

Good morning Principal Vice-Principals, teachers and fellow schoolmates.

Today I am going to talk about music. There are many kinds of music in the world. Like rock pop jazz. No matter what kind of music you like. Music can help you feel more relaxed. When you study for a long time try to sit down and relax, listen to some music it can refresh your mind. Pop music is my favourite. During my free time, I always visit YouTube and listen to some music. My favourite singer is Michael Jackson as you know his nick name is "King of Pop". I think his songs are very impressive. Finally, my dearest classmates, who is your favourite singer? This is the end of my sharing. Thank you!



Encouragement for S6 and S7 Big Brothers

Today, I would like to encourage students who are studying in S6 and S7.You are going to have a public exam in March. However, it may bring you a lot of pressure or make you confused. Therefore, I would like to share with you about my feelings.

First, in DSE,I think you shouldn't give up to get a 5 or 5** results. Although the percentage of getting 5 or 5** results are very low. Everyone knows that DSE is a easy exam. In my opinion, we are Ng Wah boys and we are smart. I think we Cheng Chun Yin (S5E) 22nd May, 2012

have a chance get a good result. Therefore, never give up. If you also study hard, getting 5** is also your chance.

In A-level, I know that most of the exams are extremely difficult. However, no pain no gain. If we have responsibility for Ng Wah, I think nothing is impossible. Moreover, we have a good environment. For example, we have a lot of excellent teachers. They support us. Therefore, we can't give up in getting good results in the A-Level.

Look Before You Leap

Cheng Hong Tat (S5E) 23rd May, 2012

I am so pleased to have a chance to share a story with you this morning. I hope you can get something from it.

In ancient Greece, there once lived a clever man named Aesop. One day, he was taking a walk in the country. A traveller stopped him and said,' kind sir, can you please tell me how soon I can get to town?[^] Go', Aesop replied. 'I know I have to go', said the traveller. 'But I just want to know how soon I can get to town. [^]Go', Aesop said to him again.

The traveller was angry.' This man must be mad.' He thought, and walked away. Suddenly, he heard Aesop shouting to him' you will get to town in two hours.' The traveller was greatly surprised and confused. He turned back and asked,' why didn't you tell me that before?' 'How can I tell you that before?' answered Aesop.' I didn't know how fast you could walk.'

The story reminds us of the old saying 'look before you leap.' Or in other words : 'think twice

before you act.' In our daily lives, we tend to judge by our personal emotions or instincts when viewing a certain matter. It sounds great, but some decisions we have made are irreversible. Try not to be impulsive before you understand the present situation.

Just like Aesop, have an open mind so that you can view the same question from various angles. Remember, not to let your emotions override reasons. Again, look before you leap.



Heisenberg's Uncertainty Principle

Cheung Tin Ki (S5E) 23rd May, 2012

One minute, that's really not enough for a sharing. How can I share something different to you guys?

I have been puzzled by this topic for a long time. Until I heard about a principle which is included mechanics-----Heisenberg's in quantum uncertainty principle, can I manage to talk to you? This principle reveals that there is nothing absolute in environments of physics and chemistry. When we observe the motion of particles in the microcosmic world, we can only use photon for the purpose. However, photons are particles, they carry energy when moving, and make other particles under observation deviated from their original orbits after impact. Talking about physics? No. Today... No physics. It's just about what I got from this principle.

In the laboratory, scientists thought the energy carried by photons would not affect the observation result. But in reality, is it true? Obviously, by Uncertainty principle, it's wrong! In our daily school life, we assume that we wouldn't disturb our classmates during lectures when we sleep, using a smart phone, or chatting with friends. Even teachers punish us, we still think that we are standing in the right side. Ridiculously, some of Ng Wah students consider teachers are the fool. I did so several years ago. However, were we right? Could we not harass the class when doing so? We produce undesired sound, we catch the eyes of classmates, we cause damage to the study ambiance. More importantly, we trigger our teacher's emotion.

Now, do you still think that you are doing right things in classes? Be considerate! And try to perceive why our teachers would punish us due to the abovementioned harassment .The introspection can let you succeed in every domain. We can change the world whatever we do. Butterfly effect enlightens us! Unfortunately, time is up already. I should put an end to my sharing. Thank you!



The Black Friday

Chung Ting Yin (S5E) 24th May, 2012

Good morning Principal, Vice-Principals, teachers and fellow schoolmates:

As we all know, today is the 13th of January, and today is 'Black Friday'. So, let me introduce about today!

Friday has been considered an unlucky day at least since the 14th century. The Canterbury Tales, and many other professions have regarded Friday as an unlucky day to undertake journeys or begin new projects. Black Friday has been associated with stock market crashes and other disasters since the 1800s.

According to the Stress Management Centre and Phobia Institute in Asheville, North Carolina, an estimated 17 to 21 million people in the United States are affected by a fear of this day making it the most feared day and date in history. Some people are so paralyzed by fear that they avoid their normal routines in doing business, taking flights or even getting out of bed.

There are conflicting studies about the risk of accidents on Friday the 13th.A 1993 study in the British Medical Journal that compared the ratio of traffic accidents between Friday the 6th and Friday the 13th stated that there is a significant increase in traffic-related accidents on Friday the 13th.

So, I hope that all of you have good luck!

That's the end of my sharing. Thank you!



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Introduction to a Book Named "A Year in Provence"

Hui Sui Ho (S5E) 25th May, 2012

Good morning, Principal, Vice-Principals, teachers and fellow schoolmates. Recently, I have read a book 'A year in Provence', which is written by Peter Mayle. The book is about Mayle's first year in Provence, a region of south eastern France. During this year, he built his house, planted some fruits and shared his experiences with his neighbours. But, today, all I want to talk about is little part of this book.

When leaves turn yellow, Mayle's neighbours collected cherries from the trees. Two students who come from Australia wanted to join them and gain some money, but when they finished, they told Mayle, they want to go home as the weather was hot. Frenchmen were stingy, Provence has made a bad impression on them. Mayle told them, all they have experienced is just a little view of France, they ought to receive and try to enjoy life. However, students refused Mayle and made a decision, they will go back to Australia.

Nowadays, lots of students are like the Australian students in this book, they want to get benefits without having toiled, when troubles come, they complain that life is unfair. Because of their negative attitude, students would not try to solve the problems and just wait for someone to help them. In my view, they need to change. Bill Gates has said "life is not fair, get used to it". When we face troubles, we should be happy as they provide us a chance to improve our skills of solving problems. I believe, this is important and what people need when they want to be successful. So, guys, just keep fighting and never give up. Thank you.

The <u>Movie : Inception</u>

Kam Ka Shing (S5E) 25th May, 2012

Good morning Principal, Vice-Principals, teachers, and my fellow schoolmate. Today, I am going to talk about a movie, Inception. Inception is talking about dreams. The main character in the movie is Mr. Cobb, He is a thief and he can go into the dreams of someone to steal some secret information. Mr. Cobb's wife is Mal. She works with Mr. Cobb. But, one day she gets lost in the dream that she cannot leave. This is the discussible point. You can get anything in a dream, and you can do anything in a dream. But you might lose yourself in a dream. You also think that dreams are better than reality?

Although, dreams can decrease our pressure and we can get anything, do anything in a dream. But, a dream is a dream, dreams are virtual. One day we still need to wake up and go back to the real world. So, I think that we can't indulge in dreams. We must face reality. Evading reality by dreams is not real. So, we should face reality bravely. This is better. This is the end of my sharing. Thank you!



The Benefits and The Dangers of the Teenager Having Credit Cards

Good morning, Principal, Vice-Principals, teachers, and schoolmates



I would like to draw your attention to society problem of teenager.s Nowadays, more and more university students

are getting credit cards. And, I want to talk about the benefits and the dangers of teenagers having credit cards.

Credit cards are unquestionably very handy and useful. As long as you have your card with you, you can do your shopping smoothly without the need to go to the bank or carry loads of cash around with you. Furthermore, credit cards can be used in every where. In case of an Lai Ka Wai (S5E) 25th May, 2012

emergency and unexpected payment, they are a great standby.

Unfortunately, all these benefits do not come cost-free. Credit cards make it easy for you to buy what you want now, but sometimes this means that it is actually too easy, and you will overspend and buy things that you do not really need, running up lots of debts. Moreover, most university students don't get a job so how do they repay the loan?.

Young adults should only carry cards with strict credit limits, so that you can slowly learn to use them sensibly. This is the end of my sharing. Thank you!

The Aim of Study

Lee Chun Kit (S5E) 28th May, 2012

Good morning Principal, Vice-Principals, teachers and my fellow schoolmates.

Today I want to take about the aim of study. It goes without saying that the result reflects what you have studied directly. During our school life we need to face lots of tests. The aim of studying for students is always just for the test. In my opinion study is not just for tests. It is for our whole life. Knowledge is not just to cope with tests. It helps us to solve problems and explain some phenomenon. When we study, we always ask for the scope because students want to finish all of the scope of the test only. Students are looking forward to high scores to enter the university. When they enter university, they think their task is over. As I said knowledge is not just for tests. It also improves our social skills.

Let us be law-abiding citizens. I hope every student can use their knowledge to enrich their life. That's the end of my sharing. Thank you.

Shopping Online

Mak Ho Yin (S5E) 28th May, 2012

Good morning Principal, Vice-Principals, teachers and fellow schoolmates.

Today, I would like to talk about internet shopping. Nowadays, technology has become an essential part of our lives. Computers are an important source of technology to humans these days. Everyday people use computers to do their work.

Shopping on the Internet is very common in Hong Kong. People can buy goods on online shops.Net shopping



is a very convenient way out from the traffic. It also allows people to shop whenever they want. As the online shops are open 24-hours. There are also many types of goods on the online shop, for example clothes, electrical product, books. On the online shops, you have a lot of choices. Another reason that people love sopping on the internet is the goods on the online shop are usually sold at a low price.

However shopping on the Internet can have some disadvantages. When using the Internet you are only able to see a small picture of what you want, you may not see it clearly or the picture on the Internet could be incorrect.

So, before you but it, read the details of the product carefully such as the size and materials. That is the end of sharing thank you.

Suggestions on How to Have a Happy School Life



Good morning Principal, Vice-Principals, teachers and my fellow schoolmates. Do you have a happy school life? If not, I can give you some suggestions. First, we can join some

activities at school, for example, the Basketball Team, I.T. Team or Chinese Club. We can make friends who have the same hobby with us. Also, we can help our classmates when they have some Mak Kwan Ching Alan (S5E) 28th May, 2012

problems with homework or anything.

Then, we can make a good impression to our classmates. They will help us when we have problems, too. Moreover, many students hate punishment. Why do we get punished? Talking, sleeping or playing in the lesson? Therefore, we should be hard-working in the lesson and be careful of doing something that the teachers don't like. Finally, I hope all of you have a happy school life, thank you.

<u>Love</u>

Wong Chung Lok (S5E) 29th May, 2012

Good morning Principal, Vice-Principals, teachers and my schoolmates.

Today I would like to talk about love. Love is a feeling, not just between boys and girls, also between parents and their son, brothers, friends. Love will affect the attitude of people, for example, if your parents love you, when you are getting sick, your parents will take care of you. But sometimes, you will think your parents are annoying, they always don't let you do something or don't give you something that you

want. You shouldn't get angry with them. They do everything good for you, and if they don't give permission to you to do something, it is because they worry about you. That's the method of your parents showing their love to

you. Please don't get angry with your parents easily. You should treasure their love to you.



That's the end of my sharing. Thank you!

<u>My View of the Cross-border Driving Scheme</u>

Tang Ho Yin (S2A) 29th May, 2012

Good morning, Principal, Vice-Principals, teachers and my fellow schoolmates.

Today I want to share with you about the cross-border driving scheme. The government has carried out the cross-border driving scheme recently, so that mainland drivers can drive their



own cars to Hong Kong.

I think this scheme both has its advantages and

disadvantages. First, this scheme will be good for Hong Kong's economy and tourism industry, because many mainlanders can come to Hong Kong easily. So, they will travel to Hong Kong more often and buy many things. Hong Kong's economy will become better.

However, many Hong Kong people feel worried about this scheme. It is because many mainland people will come to Hong Kong, and Hong Kong people usually think that they are quite vulgar and not polite. Besides, Hong Kong people also are concerned about the driving attitude of the mainland drivers. The locals worry that the number of traffic accidents will increase. Finally, I think the Hong Kong government can allow the mainland drivers to drive in Hong Kong, provided that they should plan carefully beforehand.

My Hobby



Good morning everyone. Today I would like to talk about "my hobby".

Different people

have different hobbies, for example, someone likes reading, someone likes swimming and someone likes collecting.

I used to read books because I could learn funny things and study some new words by reading.

Cheung Chun Wai(S2B) 30th May, 2012 But now I don't like it. I need to change. I prefer learning knowledge from another way.

Travelling is my favourite hobby now. I want to visit many different places of interest so that I can learn a lot about people, places and history. It's very interesting. What is your hobby? Let's share together!

This is the end of my sharing, thank you!

Paper Plane

Wong Laam Fung (S2B) 30th May, 2012

Good morning every one. Today I would like to talk about paper planes.

Everybody thinks making a paper plane is naive stuff. If you play with it, someone may laugh at you. But I never mind or complain.

I really love paper planes. The first reason is they are cheap. Next, I can change the form of a paper plane. Look, I have prepared a paper plane to show you. This is my paper plane.

My paper plane is called "Eagle Slide". It is also

one of my successful works. It can fly straight and spin around very fast. Its structure is made according to aerodynamics so you should not look down on it.

Quick! Design your wonderful paper plane yourself. If you have finished, please challenge me.

This is the end of my sharing, thank you!

<u>How To Be A Bright Consumer</u>

Tang Ho Chung (S1A) 30th May, 2012

Good morning Principal, Vice-Principals, teachers & fellow schoolmates,

Today, I would like to talk about how to be a bright consumer. If we want to be a bright consumer, we should do something before buying things. First, we should do price comparison. We can go to the supermarket first, then search the prices of the products. We should care about the quality of the products too. If it is bad, we should not buy it. If we find something wrong with the product, we should go to the place where we buy it and complain about

the quality of the product. If they don't agree to change it for us, we should refer the case to the Consumer Council.



That's the end of my sharing. Thank you.

<u>A Day Without A Computer</u>

Wong Ka Hei (S1A) 31st May, 2012

Good morning, Principal, Vice-Principals, teacher and fellow schoolmates. Today I want to talk about a day without a computer.



For me it is really a nightmare, my daily life is all about computers. In the morning, I check the weather forecast and check

what I need to bring on the Internet every day. In the evening, I check e-class and see whether I have finished my homework or not.

In the morning, no matter how I press the computer, but I still cannot switch it on. When I leave home, it was raining. Therefore, I needed

to run to school as fast as I could. When I arrived at school, I was wet. I felt terribly embarrassed.

In the evening, I still cannot switch on the computer, so I can't hand in the homework on time and I need to stay after school for an hour.

In conclusion, I think I can't live without a computer because computers are very important for me, if without a computer, it will be a big trouble for me.

This is the end of my sharing, Thank you!

Life Without Information Technology

Good morning Principal, Vice-Principals, teachers & fellow schoolmates.



Computer, mobile phone, mp3 are examples of IT. They're important for us, if without them, it'll be a big influence for us.

Sometimes, we need to do some assignments, it is necessary for us to search some information on the internet. Therefore, computers can help us work conveniently.

If you want to liaise with someone, you just need to call them on your phone, no matter how far they are, they can hear your voice. Chan Yuen Chung (S1A) 31st May, 2012

One day, if we live without them, we can't do many things anymore. We don't know what will happen to the world, we suddenly lose communication. If we have family or friends who live far from us, we can't liaise with them immediately. We can't work on the Internet, especially for some people whose job needs to use computer. Our life will become inconvenient.

Finally, I think IT will make our life become more convenient. However, one day they disappear all of a sudden and we just feel that it's affecting our life, but it's too late to detect it. So from now on, we must treasure them and use them properly.

That's the end of my sharing. Thank you!

Global Warming

Good morning, Principal, Vice-Principals and teachers,

Global Warming is the increase of the earth's average surface temperature due to a build-up of greenhouse gases in the atmosphere. If there are too many greenhouse gases in the air, the temperature of the air will become very high. Therefore we should support renewable, clean energy sources and new green technologies that don't burn carbon, like wind and solar power.



Yeung Cheuk Sing (S1A) 1st June, 2012 Also when we go out, we should take transport rather than a private car because public transport uses less gasoline than private cars and it emits less pollution.

Therefore greenhouse gases will decrease and global warming will be slower. Thank you!



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