



NG WAH SPIRIT

07 ISSUE

June 2013

Unbeatable, Second to None!

- Where are the magical shoes?
- Unbreakable...
- Sportsmanship
- Our voices, our concerns



Editorial

Dear Friends,

This summer marks the most exciting moment for all S6 students in Ng Wah as all of us await the publication of the seventh issue of “Ng Wah Spirit”. This issue truly reflects the hard work and dedication of many talented S6 Ng Wah students. The editorial board is honoured and proud to say that this issue has been the fruit of creation for all S6 students.

Throughout the process of editing this issue, which lasted for nine months, all of us gained a deeper understanding of the importance of team work, communication, and of course, the pressing need to meet deadlines. Indeed, the dream of publishing this unique newsletter finally came true as a result of the nurturing and guidance between teachers and classmates.

Before you turn the page with eagerness and enthusiasm to make our dream come true, we would sincerely like to thank you for making our production such a success. The preparation work for the prospectus of this issue has not been easy. Without our teacher advisors, the production of it would definitely not have been such a success.

We would like to express our sincerest thanks to

our Supervisor, Father Law, and our Principal, Mr PL Lau, who have shown full support throughout the academic year to all of us. We would also like to express our sincere thanks to the teacher advisors: Mr W Wai, Ms A Leung, Ms S Wong and Ms A Tse, and the editorial board, who have managed to produce a memorable edition that reflects the minds and hearts of the Ng Wah students.

It is also necessary to highlight the contribution of S6 students for their time and effort in the production of this issue. Last but not least, our special thanks go to Mr Blake Miner, tutor of this year “Journalist Programme”, for his valuable comments and suggestions.

May every page of this issue be an unforgettable source of memory for every single one of you who has been a part of Ng Wah in 2012 to 2013.

May God’s loving care ever be with you all.

With warmest wishes,

Editorial Board



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//Where are the magical shoes?...//



Second To None

I became my idol – Lionel Andres Messi, a football player when I had put on the magical shoes and this started an unforgettable and extraordinary experience in my life. It was a pity that I could only be him for one day only.

In the morning, I practised with his teammates. Can you imagine how honoured you were when you could touch the ball on the green field with one of the best football teams? No one but I could enjoy such invaluable opportunity at the Barcelona Football Club.

In the afternoon, I travelled around Argentina, but in my new identity as Messi. Lots of people around me tried to ask me to have a photo with them. To become a person who is well-known in the world is tiring. I had to take at least 50 photos on that day. I thought that I might become blind from

all the photo taking , but luckily that was not the case.

In the evening, I also had a chance to have a competition between the team,the teammates were separated into two teams for training, and the whole battle was a high-class performance. All the 22 players on the field wanted to score against their opponent. In the end, I got the chance to score ! This helped my team to win. And this golden score fulfilled my wish and will drive me to become a superior player in the future.

The story ends here. And I hope one day I would become such a good football player even without the magic shoes!

TEXT BY CHUNG TING YIN (S6E)

Last Friday was my birthday and I attended a party in Mong Kok. My friends had prepared different gifts for me and someone gave me a pair of magical shoes which had the name Ronney engraved on them. I put those sneakers on and I suddenly became a famous football player- the captain of Manchester United, Wayne Rooney.

After becoming Wayne Rooney, I found myself standing in the stadium. I still remembered that the competition was the UEFA Championship and my opponent was Real Madrid which included Cristiano Ronaldo. Actually, it was quite difficult to defeat this team. All my competitors were as fast as leopards. Although they were very capable, I still made a determined effort to cope with them and I told myself that I could do it.

In the first half of the match, my team lagged behind. There was no doubt that my teammates were becoming desperate on the pitch and wanted to give up. I was extremely disappointed at their attitude due to their weakness and lack of confidence. I asked them to keep going. I strongly believed that we could fight back in the second half.

Before the second half started, I told my teammates that we were the best team the world had ever seen. Our team was second to none if we made a concerted effort. Surprisingly, my speech had boosted them up. Then twenty minutes later, my team fought back to level the match. In the last minute, my teammates passed the ball to me and I shot at the goal. Finally, we beat the Real Madrid.

This was a memorable experience and what I had done was awesome. I really hope that next time I could transform into Messi, the best football player in the world.

TEXT BY WAN KI LEUNG (S6D)



What an Amazing Day!

Today is my birthday. My best friend, Sam, told me that he knew a fairy who would give a magical gift to celebrate one's birthday. I went to the fairy's home. The fairy gave me a pair of magical shoes.

When I put the shoes on, something amazing happened. I became Lin Dan, a famous badminton player. Lin Dan is my idol, he is good at playing badminton. I cheer for him every time I watch his match. It's so surprising that I become Lin Dan!

Suddenly, a question comes to my mind. "Now I am Lin Dan, why not go to play badminton with my family?" Indeed, it is a good opportunity for me to show my power with Lin Dan's body. It will astonish my family.

My family and I went to the badminton court quickly. Now, I can make a smash vigorously, move on the court swiftly and catch the shuttlecock accurately. It feels amazing. I have never won a match against my brother, but today I finally did it!

At mid-night, my original body came back and I become who I once was. No matter how quickly my original body comes back, I will never forget what happened today and how amazing it was!

TEXT BY LEE KWAI PAN (S6D)



"Amazing Sunny Afternoon"

Last week, someone gave me a pair of magical shoes on my birthday. He told me he accidentally found the shoes at school. "It's amazing. I put them on and it left me a great memory. I think you should have a try." He said.

So I put them on and instantly, I became a famous sports star. Rafael Nadal. It's an unbelievable experience and it makes me feel so good. In fact, I like playing tennis, yet I do not have any outstanding skills. Whenever I went out and played tennis with someone, I was always the loser. I found that I could not enjoy this sport any more, so I gave up. However, now I can change that feeling because of this pair of shoes.

Luckily, my friend gave me the pair of shoes in the sunny afternoon. I could not wait and I put them on immediately. I went back home to get my tennis racket. When I arrived at the tennis court, some people were playing tennis over there. "Ok, it's time to show them what I can do." I thought.

I stood on the ground and hit the ball first. Wow, I could feel my muscles were tightened. It was now very easy for me to hit the ball so far. The opponent could not even see the ball because he did not even respond. It must have been in a very high speed. I could hear that all the people were cheering for me, for my performance, and the guy looked very surprised. Yeah, I knew it's hard for him to accept the truth, but it really did happen. How could I forget this experience?

TEXT BY HUI SUI HO (S6E)

//Unbreakable...//

“Undefeatable Bolt Breaks Record in 200-Meter, Again”

Four days after the 100-meter record was broken, the 200-meter record was also broken by the same person – Usain Bolt, the fastest man in the world.

Bolt, Jamaica’s best sports runner, surged so far ahead of the Olympic final field that he slowed down in his last 50 meters. Despite this, he still won the gold medal, as well as created a new record – 19.30s. It is not hard to imagine if he ran hard through all the competition, Bolt would outrun this record. It was the greatest present for his 22nd birthday. People were all extremely excited that they could not wait to see Bolt’s astonishing performance.

After watching the replay on the big video scoreboard along with everyone, I was saying, “I look cool.” Bolt said. “I was just happy. I was just looking at myself and I was like, that guy is fast. I’m proud of myself. It’s a great feeling. You can’t really explain it.”

In this race, Bolt wanted to challenge himself with a view of finding out what he could do when he was serious. In the 100 meter race, he stopped running 10 meters before the finishing line, threw out his arms and slapped his chest before his dashing. The result stayed in 9.69s – which is 0.013s faster than the previous world record. What is much more astonishing, is that it could have been so much better.

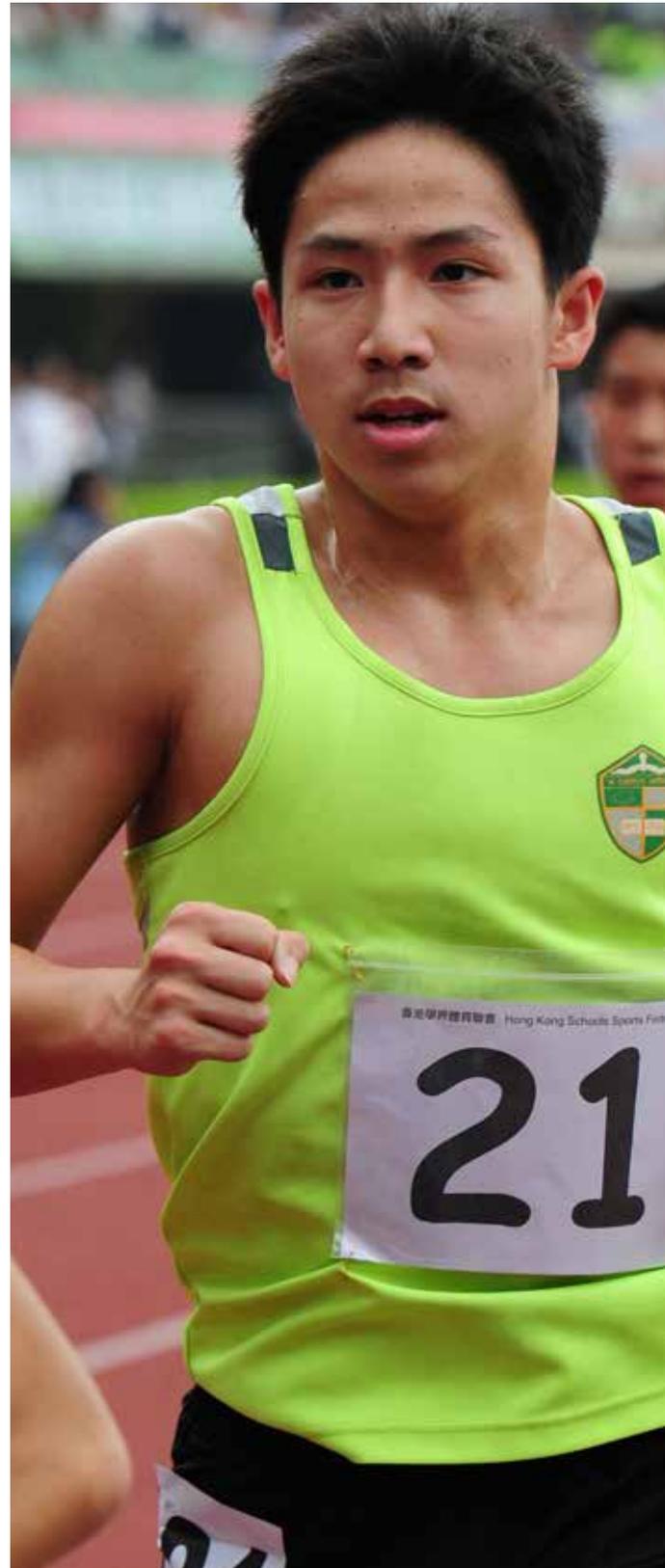
“A lot of people compare me with Michael Johnson,” Bolt said. “But I don’t like to compare myself to other people because I just try to be myself. Michael Johnson was a great athlete. He has revolutionised the sport. I have just changed a little bit of it.”

Bolt, though, clearly underestimated what he had done in the Olympics. On the biggest stage for his sport, he rewrote two of its most revered records. The 200m record in particular deemed unassailable.

The most startling part was Bolt’s ability to do it in such a young age. “It’s ridiculous,” said Kim Collins of St. Kitts and Nevis, who finished sixth. “How fast can you go before the world record can’t be broken? How fast can the human being go before there’s no more going fast?”

Bolt became the first person since Carl Lewis in 1984, to break the world records of the 100-m and the 200-m races in the same Olympics.

TEXT BY CHEUNG FEI HUNG (S6D)





Unbelievable Bolt broke the world record to win the gold medal in the men's 200 metre Final. Winning the gold medal of Beijing Olympic seemed easy for Bolt.

Bolt, Jamaica's talented runner, surged so far ahead of a stellar Olympic final field that he slowed down in his last 50 meters. When Bolt ran through the finishing line in 19.3 seconds, he broke the world record by two-hundredths of a second less than two hours before his 22nd birthday. He did not just run through the finishing line, he did it with his trademark Jamaican style though.

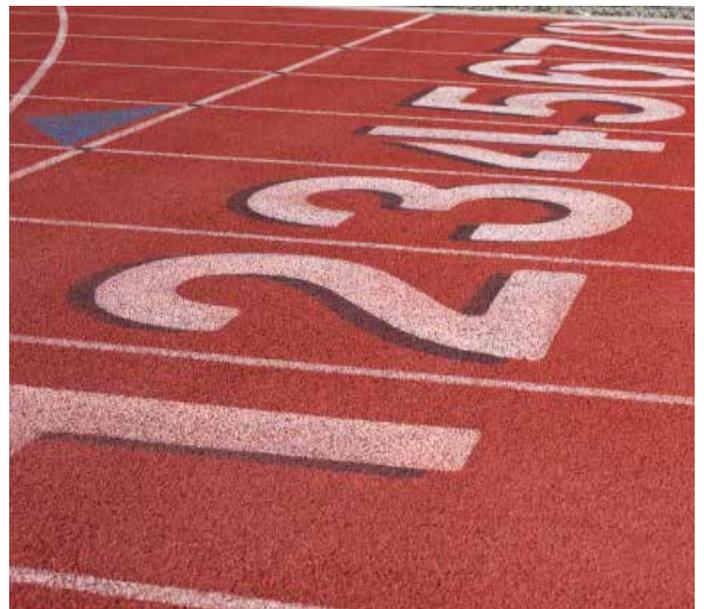
He took off his spikes and danced around the line, he wrapped the entire crowd at the National Stadium in his long embrace.

In the race, Bolt showed that he could do everything if he was serious. Although Bolt's contenders were not weak, Bolt still ran through the finishing line easily. Bolt's contenders, including Adley Ho, the best runner in Hong Kong and Dicky Smith, who won the 2004 Olympic, felt astonished that Bolt could win the gold medal. "I have never thought that Bolt broke my record from 2004 Olympic. It is actually unbelievable," commented Dicky Smith. "It's ridiculous. How fast can the human being go before there's no more going fast?" said Kim Collins of St Kitts and Nevis, who finished sixth.

Bolt became the first person since Carl Lewis in 1984, to win both the 100m and the 200m races in the same Olympics. Now the biggest question is what might be next for Bolt.

"He is doing something we've never seen before, but he's a freak of nature. He did it at 14 and he did it at 17. Most people aren't surprised that he could keep doing it. They might be surprised he did it here; but it was inevitable", concluded the former world-record holder in the 110-m hurdles competition.

"The dramatic ending of Bolt in 200-meter"



TEXT BY LEE KWAI PAN (S6D)



//Sportsmanship//

Dear editor,

I am writing to promote the sense of sportsmanship in order to avoid the occurrence of another fight after a match has finished.

Two days ago, the student union organised an inter-class football tournament. 6A competed with 6B class. With the competition launched, both classes started to organise an attack to win. After a few minutes, Peter from 6A had scored a wonderful goal using his sophisticated sense of playing football. Peter intended to celebrate his goal with happiness, but his action provoked anger from 6B because of the vexatious action. Anger swelled at 6B. John from 6B strongly and deliberately shoved Peter out of blind impulse. when Peter was celebrating his goal with his classmates. John's action was the catalyst for the fight among Peter and John.

The competition continued and John brought the ball to 6A's goal area. There was a chance to shoot the ball into the goal, but Peter tackled John violently and John lost control of the ball. At last, 6B lost to 6A. John was furious because of Peter's infringement because 6B losing the match was attributed to Peter using violence. Also, they were angry about the provoking action from Peter. There was an intense argument between Peter and John. Other students from 6A and 6B became involved in the heated argument and, it developed into a fight gradually. The fight stopped when the teachers waded in and dealt with it. In the fight, John and Peter were mildly injured.

This issue is severe and affects the peace of our school. Promoting sportsmanship is the effective and efficient way to prevent arguments as well as fights.

Sportsmanship can create an ironic atmosphere in the school. In the competition, most

of the students want to strive for awards for their class as they desire to get the fame and reputation. Sometimes, their desire of winning the competition is beyond everything, including friendship and safety. Sportsmanship can teach them the priorities in friendship and reputation with the intention to have a competition in a safe environment. The violence will disappear by the promotion of sportsmanship.

Finally, if we do not teach the students the importance of sportsmanship, our school will have violence in every inter-class match. Hopefully, our school will support the promotion of sportsmanship.

Yours faithfully,

Chris Wong

TEXT BY LIU Tsz Tsun (S6D)



Dear editor,

I am writing to review an inter-class football tournament which was held on the 1st of February. I think that there are some suggestions that could prevent similar incidents from happening in the future.

In order to promote the sense of sportsmanship, the student union organised an inter-class football tournament last week. Initially, the ambiance of the match was entirely thrilling and exciting. The players did respect their opponents. However, their tackles became more aggressive. One player got injured during the match. Afterward, the loser could not help scolding the winner. The dispute resulted in a fight.

After the match, the fight damaged the school's harmony. Students who study in the classes involved were not willing to talk to each other. Other students discussed this incident in a serious tone. There is clearly a crack in the relationship among many people.

In regards to this unacceptable incident, sportsmanship can help prevent such incidents from happening. In the first place, sportsmanship tells us that we should respect our opponents. That is to say, we should not damage the relationship on account of the contest. An altercation should not break out after the match. Secondly sportsmanship teaches the participants to enjoy the procedure of the match rather than the result. People ought to know that the competition was held for increasing class interaction and let students relieve their stress. Therefore, the process is undoubtedly more important than the result. It is easy to see that the value of sportsmanship can prevent unhappy incidents like this.

To improve the circumstances, both remedial measures and recaptions are essential. Firstly, the student union can set up rigorous punishments for the player who make serious tackles, disputes and so forth. Secondly, they can promote the sense of sportsmanship and it can prevent the incidents from breaking out again.

To conclude, I hope that sportsmanship can be promoted. Harmony is very important in the school.

Yours faithfully,

Chris Wong

TEXT BY WONG KA HEI (S6D)



Dear Editor,

As a regular reader of your column, I am writing to express my concern regarding the fight during the inter-class football tournament. It was a regrettable incident and we can avoid these accidents easily.

Yesterday, 6D and 6E had a football match during lunch time. At first, the 2 classes were friendly as they fought to win, but some 6E students used unscrupulous methods in an attempt to hinder 6D students. Some 6D students were furious that the judge did not stop the match and punished 6E participants. 6D students, therefore, started to oppose and tried to stop the match. The fight began as one 6E student suddenly hit a 6D student.

After the fight, the atmosphere on the school soccer field was tense due to the conflict between 6D and 6E. Also, most of the students and teachers felt depressed and weary for some time after the football tournament. Although the incident is over, we still need to find out the solution in order to prevent it from happening again. The reasons why it is easy for the football players in our school to start a fight are not difficult to understand. The major reason is that they lack sportsmanship.

I firmly believe that with a clear concept of sportsmanship, the students, especially the football players, could gain further understanding of respect. The nature of sportsmanship can teach us how to get along with others and how to cooperate with our teammates. Mutual respect is also a main concept which helps students to be more friendly.

On the other hand, there are myriads of things we can do to tackle the situation.

To rectify the problem, the school should continue to educate the students. To start, game stalls can be set up in a bid to educate students about the rules of different sports.

Also, we can organise more sports events in order to let our students have access to sports and understand the concept of sportsmanship. We can therefore teach students to obey the rules through sports events.

I hope the development of sports can be better in the not so distant future.

Yours faithfully,

Chris Wong

TEXT BY CHENG SIK NAM (S6D)



Dear Editor,

I am writing to describe the recent incident which happened between two classes after a match last week. I would like to give some suggestions to improve such matches.

In order to promote the sense of sportsmanship, the Student Union organised an inter-class football tournament between 5A and 5B. Everything went smoothly in the beginning. However, as the process continued, the match became more and more tense. The two teams were neck-and-neck at 2:2 and there was only 5 minutes left. Suddenly, 5A seized a great opportunity due to his opponents' turnover and organised a quick attack. Something unfortunate happened. A player of 5B pushed his opponent in an attempt to stop him from scoring. His opponent fell down as a result. The players of 5A quickly gathered together and shouted at their opponents using foul language. The opponents did not take the abuse kindly. And it soon resulted in an intense fight, it was a total mess.

As a matter of fact, sportsmanship can help prevent such an incident. Through this match, it is crystal clear that our students lack sportsmanship. So I suggest PE teachers should make good use of their lessons to educate students about the importance of sportsmanship. Because it cannot only help students cultivate a better attitude towards competition, but also teach them how to control their emotion effectively and in a mature manner. If students had had the above spirit, such tragedies would not have happened.

Friendship is of greater importance than winning. Finally, I hope with the everlasting effort of the Student Union, the sense of sportsmanship in our school will be promoted.

Yours faithfully,

Chris Wong

TEXT BY CHEUNG FEI HUNG (S6D)



Dear Editor,

I am writing to express my opinions of a football match, which resulted in a tragedy.

The accident happened on the 1st of March during lunch hour. It was an inter-class soccer match organised by the Student Union. 3A and 3B started the match at around 12:15pm and all players tried hard in a bid to win the match. It is obvious that all players were devoted to the match. However, a player from 3A tackled a boy from 3B deliberately and the referee did not stop immediately. This made 3B students unsatisfied. Another 3B player pushed the wind 3A player. After 5 minutes, PE teachers settled the situation and the injured were sent to hospital.

All participants enjoyed playing the match. Nevertheless, they neglected the importance of the match! Students thought the prizes were their final target. I believe that the reason football matches are organised is to allow students to build relationship, experience atmosphere, and learn sportsmanship.

In my opinion, sportsmanship is a fabulous solution to prevent the above incident. The current PE curriculum focuses too much on practical skills, neglecting the essence of sportsmanship and students may not learn how to play a match properly.

Because of the lack of sportsmanship, I suggest that the school should organise a talk for students. I recommend the school to invite Tony Chan to be the guest due to his sophisticated background. He may share his career path with us too.

Yours faithfully,
Chris Wong

TEXT BY CHENG SHUN LAI (S6D)

Dear Editor,

I am writing to discuss the fight that happened yesterday between two classes after a soccer match. As a spectator and a student who wishes for the sense of sportsmanship that was enhanced through a tournament, this kind of incident is hoping to be stopped through the reinforcement of sportsmanship.

The fight occurred yesterday on the school soccer field. The final tournament took place in an art-threat environment. Due to a controversial judgement made by the referee, class 6C lost. Furious about the result, the angry 6C participants scolded the 6A players. The quarrel end up becoming a fight and most of them were injured. Ultimately, the flight was stopped by the principal.

The atmosphere on the school soccer field was destroyed as a result of the fight between the two classes. Expecting to enjoy a fascinating match, most of the spectators were disappointed by the contentious decision made by the referee. With the lack of sportsmanship, some students shouted excitedly when the incident began. Compared with some tense students, most of the students who watched the match were disappointed by the acts of the two teams. The aim of promoting sportsmanship failed.

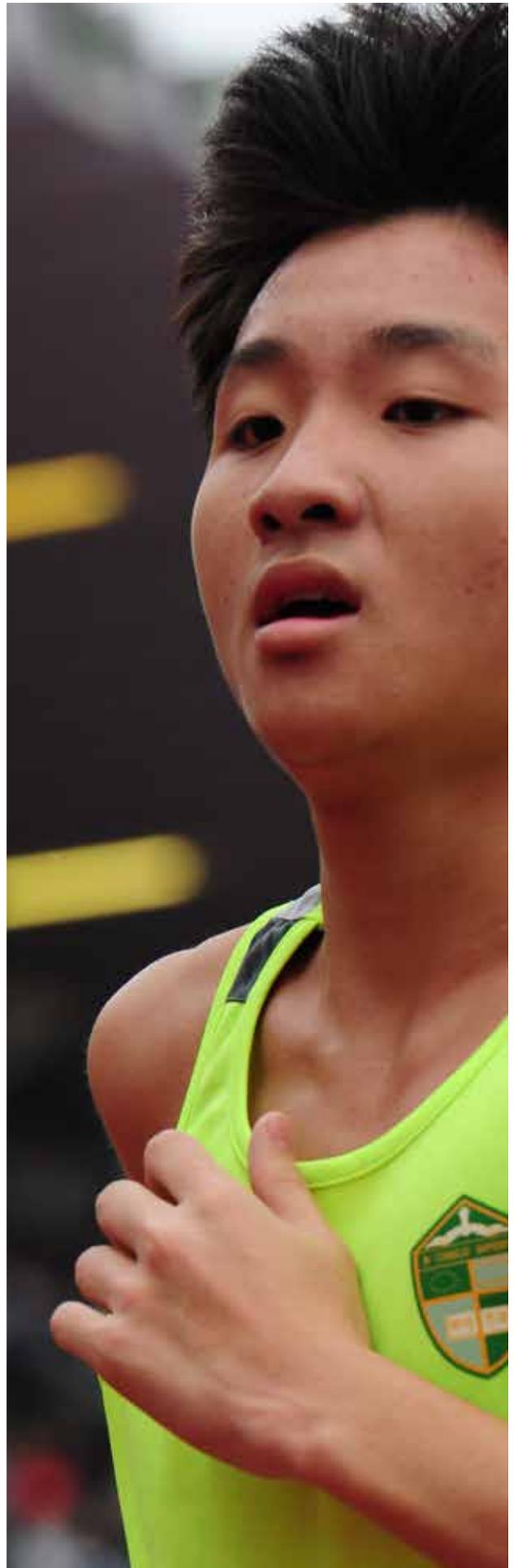
It is believed that sportsmanship can be used to deter such incidents because sportsmanship is not widely accepted and spread out in our school. Including the concept of sports games, sportsmanship could bring students positive attitudes towards playing sports games. To prevent such incident from occurring again, the school is advised to strengthen the sense of sportsmanship among students through regular classes, extra-curricular activities and sharing.

Hopefully, this kind of incident will be stopped through the promotion of sportsmanship through different kinds of efforts.

Yours faithfully,

Chris Wong

TEXT BY HO ADLEY H.Y. (S6D)



Dear editor,

I am Chris Wong, a member of the student union. Recently, we organised an inter-class football tournament to promote the sense of sportsmanship. However, a fight broke out between two classes after a match. Therefore, I would like to describe the incident, the atmosphere on the school soccer field and how sportsmanship can help prevent incidents like this through this letter.

Last Friday, the final of the football tournament was held. It was the match between 6A and 6B. The game was very intense because until the last minute, the score was 2:2. Suddenly, 6A players found a chance and scored, and the match ended. After the discussion of our judges, it was believed that the goal was counted, and 6A won the game.

However, the 6B players did not accept the result because they thought that 6A did not deserve to win. Some 6A players argued and shouted at their opponent. The atmosphere among the soccer players became tense, 6B students seemed to be in a frenzy. They headbutted and elbowed to attack 6A players, and a fight broke out. It was such a serious accident, I think the key to prevent incidents like this is sportsmanship. Sportsmanship tells us that friendship is more important than the result of the competition. We should accept the result even if we lose.

To improve the sportsmanship of our school students, I think we should hold an inter-class football tournament again and cancel the winning prize. It is just a friendly match and students do not have to worry about the prizes .

I don't think that they will care about the result that much, and they can therefore learn the sportsmanship in a correct way.

Yours faithfully,
Chris Wong

TEXT BY TSANG WAI LEK (S6D)



Dear Editor,

Recently, the student union organised an inter-class football tournament. Unfortunately, a fight broke out between the two classes after the match. To avoid a similar incident happening in the future, we cannot neglect the importance of promoting and building the sense of sportsmanship.

As I remember, the two teams were neck and neck with 2 points each. In the last 10 minutes, the situation was still unchanged. In the last 5 minutes, a football player of team 6A kicked his rival deliberately. It was unmoralistic and violated the basis of the rules and sportsman's behavior. Some team members of 6E felt dissatisfied. Therefore, it evolved into fighting.

When the fight broke out between the two classes after a match, it was very tense. Not only the players had conflicts but the fans of each football team joined in. All of them were also dissatisfied with each other. Thus, they used different tools to support their teams, like cheering, flags and loudspeakers. It seemed as though the World War III was commencing.

Actually, improving the sense of sportsmanship can help prevent incidents like this. If they can consider with others and know their friendship is more important than the result, they will understand others. It will decrease the chance of similiar accidents from happening in the future.

Yours faithfully,
Chris Wong

TEXT BY CHU MAN CHUN (S6D)

Dear Editor,

Recently, a fight broke out between two classes after a football match. This sparks much concern. I am writing to express my views on the soccer field of our school.

Initially, the student union wanted to promote a sense of sportsmanship through this event. However, the result did not fulfill the task. The players from 4D were not satisfied with the judgement of the referee. And it led to an argument. The players from 4E just kept saying that they were trouble makers. What is more horrible is that they humiliated each other. Regrettably, it led to a serious conflict. Many of them were injured and it was hard, if not impossible, to stop them from fighting.

Prior to the incident, the atmosphere of the school soccer field was not good at all. We all lacked enthusiasm. Many students had not encountered such problems before, but it seemed that there was nothing we could do to improve the situation. It is time that we reflected the development of soccer field in our school.

In my opinion, sportsmanship can help prevent this kind of incident. Many of our students just focus on the award but it is not a good value to nurture. Only with a clear concept can students gain a better understanding of sports. Sportsmanship means we

all try our best to finish the games but we do not really care about the result, we just enjoy the games to the full. I think if our students understood this attitude, they would not be so stubborn towards the victory. They would rather let it go and realise that nothing can stop friendship and sportsmanship.

In order to promote sportsmanship, I think the school should hold some more activities for our students, for instance, sports festivals and games. Hopefully, students can develop further understanding through playing the games. Moreover, I think the school should not only place emphasis on the school teams, but also all the students. Through implementing the whole-school participation in sports, the atmosphere of sports will be improved.

The school teams should take the lead for us in that the result is not that important. We need to educate our students that true sports require sportsmanship and cooperation. The original aim of sports is to bring us closer, not to cause conflict. This is the one thing that we all should know. I hope the development of sports can be better in the near future.

Yours faithfully,

Chris Wong

TEXT BY YEUNG HO YIN (S6D)





Betting on Sports Should Not Be Allowed

Soccer is certainly one of the most popular sports games in the world. Every four years, people from all corners of the globe are mesmerized by World Cup tournament. Besides the sports game itself, fans in Hong Kong have an additional source of excitement – gambling. Whether people acknowledge the existence of football gambling or not, it is so prevalent in Hong Kong that it has been widely discussed by the government as to whether football gambling such a controversial topic should be legalized.

On the one hand, people consider gambling as a harmful activity that corrupts the mind and ruins families. Therefore, it should neither be encouraged nor legalized. It is indeed true that when gambling is carried to the extreme, no matter what form of gambling it is, it may jeopardize the financial well-being of a person and his family. We all have already heard enough family tragedies on news resulting from the addiction of gambling.

On the other hand, it cannot be denied that gambling is a part of life in Hong Kong, and it is quite impossible to eradicate all sorts of gambling. People supporting soccer gambling maintain that gambling in moderation adds excitement to life and provides a channel to ease the pressure of a hectic lifestyle. They suggest that the most important thing is to help people not carry it to the extreme instead of banning it altogether.

There is no doubt that soccer gambling, like other gambling activities, may create domestic problems and family tragedies. Nonetheless, banning the activity is both unrealistic and will also spawn illegal gambling activities controlled by the underground. So putting soccer gambling in a legal framework will be a more sensible way of dealing with the necessary evil and minimizing its detrimental effects.

TEXT BY TAI HO YIN (S6E)

Whether betting on sports should be allowed or not has been widely discussed and there are many different opinions on this topic. Personally, I think betting on sports should not be allowed. Nowadays, many people gamble on sports such as football and basketball but sport itself is not a gamble. Sport is a competition, not something we should bet.

Betting on sports is an insult to the sporting spirit. Sports is all forms of competitive physical activity which aims to maintain or improve physical ability. Gambling on sports totally contradict the original meaning of sports. It depends on luck. In the Olympic Games, gambling is not allowed, as they want to ensure the games are fair. Moreover, betting on sports may lead to game fixing. Game fixing affects the result of the game and also breaks the principle of sports.

Secondly, betting also affects family relationship. In some cases, some people use all their money betting on football and ask their family to give them money. Argument as well as domestic violence may occur frequently. As a result, their relationship with their families may worsen.

However, some people say, if gambling on sports is banned, there will be an increase in cases of illegal gambling on sports but I think this is the responsibility of the government. The government should take strong measures on fighting against illegal betting. The ban of betting on sports can inhibit the gambling atmosphere. Some students in Hong Kong are addicted to gambling and no longer cultivate in their studies, so I think betting on sports should be banned and illegal betting should be stopped.

In conclusion, betting on sports should not be allowed.

TEXT BY MAK HO YIN (S6E)



Nowadays, betting on sports has become more common. More and more people do think that it is an excellent tool to make money. Undoubtedly, it can earn someone a lot of money in a short time, but it has risks too. In this essay, I will prove that betting on sports should not be allowed.

To begin with, the main reason is that betting on sports will lead to an influx of match-fixing. According to FIFA's statistics, there are hundreds of illegal and attempted examples of match-fixing every year. Some law-breakers always try to control the football matches or other competitions. That is when they will bribe the athletes and earn money through the match fixing. Therefore, unfair and illegal matches will increase. Based on this reason, we cannot enjoy good matches anymore, so we should ban the betting on sports.

Besides match-fixing, my second point is that betting on sports is a bad and hazardous hobby. If people were too addicted to it, they could become heavy gamblers. In fact, it will affect their daily life such as studies and work. What is more serious is that they may go bankrupt or will be deep in debt. Hence, the relationship between them and their family or friends will also be destroyed.

Furthermore, another reason is that sports are not a money making tool, but an entertainment. Certainly, sports are used to promote team spirit and peace, just like the Olympic spirit. As everyone knows, people can improve their friendship and

become healed through sports. I am afraid that betting on sports will change the original intention of sports and the athlete's attitude. If betting on sports were allowed, people would only focus on the benefits but ignore the sport spirit. As a result, sports competitions will become a utensil for making money and the number of match-fixing will continue to rise quickly.

To put it simply, betting on sports should not be allowed because it is harmful for us. If people really want to play the thrown games, they can go to the casino. Just do not mix up gambling with sports.

TEXT BY WAN KI LEUNG (S6D)



betting on sports

Up until now, betting on sports has been in the limelight. It has caused many discussions from diverse circles. Some gamblers said that it should be allowed. The government oppose that it should be banned. I agree with the latter and there is much evidence to support my view.

First and foremost, gambling make sport becoming something commercialized and it can cause illegal incidents. Many people know that there are many football matches fixed in China, Japan and so forth and they want to gain money through betting. Undoubtedly, betting can change the principle of sport – fairness!

What is also worth noting is that gambling will ignite many side-effects within the gamblers. Mentally, they will be addicted to gambling, both if they win or lose money, arrogance and frustration will foster them to bet more. In reality, they will trigger an alternation with their family because of the financial burden. In fact, many similar incidents of this nature occur and are frequently published in the newspaper. Not only would mental problems occur. but the relationship between the gamblers and their families would also be broken.

Intuitions tell us that gambling will also damage our society. In reality, gambling is the fastest way to make a fortune because it provides an illusion to many people. Therefore, they will spend a lot of money betting on sports to make a living. It is however, only a fantasy to many people.

There is a misunderstanding that the government support gambling because they establish the Jockey Club in Hong Kong. However, they hope to prevent the illegal gambling business, and are not supporting the betting on sports.

I hold a firm view that betting on sports should not be allowed and needs to be discontinued. If not, the society will pay a high price for it. Banning this kind of gambling should be the government's decision.

TEXT BY WONG KA HEI (S6D)





Joyce is a 30-year-old woman and she is addicted to gambling. She is now facing a financial problem and is going bankrupt. What is worse is that she is not alone. Around the world, many people are obsessed with betting and this problem is sweeping across the globe.

Some people may think that betting on sports is just for fun and is not the concern of others or that gambling is a corn of entertainment and will not hurt friends or family. However, this argument is totally unjustifiable. In fact, gambling brings much harm, the damages are beyond expectation.

First of all, betting on sports may well lead to financial problems. We can bet on racing, football or even badminton. Especially during the World Cup, nearly everyone will bet on it. Have you ever thought that you will not always be lucky? Many people think that once they have lost, they can win all the money back. This thought leads them to the financial problem. According to the Anti-Gambling Club, 2000 people are ruined in debt because of gambling. People lack of self-control and they cannot get rid of the devil – gambling.

Apart from the money concern, betting on sports will also cause a conflict in the family. Once you have tried, you will easily be addicted to it. If you have lost money, you probably will be upset or angry and it is not unusual for people to express this anger upon their friends and family. In accordance with the Family Association in England, 200 women are hit every year because their husbands lost money. This reveals that gambling can lead to tragedy to a certain

extent. Not only will you have financial problems, but you will also ruin the relationship between you and your family.

Moreover, betting on sports will also cause possible corruption. Gambling makes sports related to money and this causes more problems. Match-fixing will occur and referees, players or even the sports clubs will be involved in the corruption in order to earn much more money. Players make blunders. Therefore gambling makes sport dirty and nasty. Sports should be pure and help build up our relationships. For instance, during the Olympics Games, players from all over the world meet together and create a sense of harmony. Therefore, we should protect this nature and, not bet on sports.

In conclusion, the problem of sports gambling is becoming more serious. We need to face the problem squarely and do not bet on sports. Stay away from gambling as it will ruin your life.

TEXT BY YEUNG HO YIN (S6D)

//Our Voices, Our Concerns...//

Healthy Eating



To: CEO of McDonald's

Subject: Complaint About McDonald's Company

Dear Donald Thompson,

I am writing to explain how McDonald's food is contributing to the obesity epidemic in Hong Kong.

There are 200 McDonald's locations in Hong Kong, meaning that McDonald's is a very popular fast food chain in Hong Kong.

However, because McDonald's food requires a lot of oil to prepare, it can easily make people fat. It is not good for people. If children eat too much McDonald's food, it would damage their health. Also, when they attend a McWedding, which is also offered in Hong Kong, they will eat a lot of unhealthy food. It is a terrible occurrence.

Please allow me to make a few suggestions. First of all, McDonald's should include more vegetables in their meals. It would make their customers healthier.

Also, McDonald's should use less oil to cook their food. Foods that are low in fat are also good for children.

I hope McDonald can improve their food for the safety of all people.

Yours sincerely,

Cyrus Hui

TEXT BY LAU KA HO (S6A)

To: Donald Thompson, CEO of McDonald's

Subject: The foods of McDonald's are Causing the Obesity Epidemic in Hong Kong.

Dear Mr. Donald Thompson,

I am writing to complain that the foods of McDonald's are causing the obesity epidemic in Hong Kong.

In Hong Kong, many people eat McDonald's everyday. Most of the foods at McDonald's are high in sugar and fat. They are high in calories and have no benefit to our health.

There are 200 McDonald's locations in Hong Kong. Children can buy McDonald's easily. McDonald's food makes them gain fat and become overweight. This will cause them to feel depressed!

Because of these reasons, I strongly suggest McDonald's to use less sugar and fat and to stop selling these fatty and sugary foods.

For our children's sake, please accept my advice.

Many thanks again for your time.

Yours sincerely,

Lan Ka Ho

Hong Kong Resident

TEXT BY HUI CHI HO (S6A)





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