

## *The Harmful Effects of Drug Abuse*

Good morning, Principal, Vice-Principals, teachers and fellow schoolmates.

Today I would like to take this opportunity to introduce the harmful effects of drug abuse and the ways to reject drugs. If people tried to take drugs, they would become addicted and it would adversely affect their health, leading to acute intoxication and death.

Since a lot of money is needed to buy drugs, it can lead one to commit crimes, become imprisoned and one's future being damaged. At the same time, problems appear in interpersonal relationship and one can lose friends and even family. Saying no is the only way to protect yourself. No one can make you abuse drugs if you do not want to. There are a few ways to reject this substance.

- Refuse strongly or refuse subtly
- Find excuse to leave
- Just simply say "No"
- Make friends carefully and stay away from bad people and express your will

All in all, be a smart person to do the right things.