

## *How to Help the Young People*

Good morning principal, vice principals, teachers and fellow schoolmates,

Have you ever thought of ending your life or even tried to commit suicide? Committing suicide seems to haunt many teenagers. Even worse, there is a facebook group asking other group members to kill themselves recently. Why do they want to end their life so easily? I think there must be some reasons causing them to do so.

Some teenagers will try to shirk their responsibility when they are facing some difficult problems. Lacking confidence is often the stumbling block to solving the problems. For example, some students are bullied by other students. They cannot solve the problem, nor could they prevent it happening. So finally, they choose suicide as the way out.

Another reason is that teenagers in Hong Kong are under great pressure in their studies. Those teenagers will give up when they cannot get a good examination result in order to fulfill their parent's expectations just because they are under the impression that getting good results is the only way to success.

Teenagers are our future hope; government should play an active role in helping them to solve problems, like putting more social workers in schools. This will help to ease the problem. I hope this problem can be solved as soon as possible. Thank you for your attention.