

Drugs and Young People

In HK, young people have a lot of stress. It is understandable that different young people have different sources of stress, such as study, family and friends. In order to relieve their stress and solve their problems, they would choose various ways.

However, it is a very wrong way to choose drugs. It is known that drugs are unhealthy for everybody. According to a survey, many young people take drugs in HK, and the youngest drug addict is 10 years old. It is disheartening to imagine a 10-years old teenager taking drugs. It reflects the lack of suitable education and concern from their family.

In order to solve this problem, cooperation between the government, school and family is necessary. The government should legislate laws to forbid teenagers to take drugs. Schools should provide more health education programme to students. Family should show concern and communicate with their children. Without cooperation, nothing can be changed.