

## *The Harmful Effects of Smoking*

Good morning, Principal, Vice-principals, teachers and fellow schoolmates.

Today I would like to share with you the harmful effects of smoking. As everybody knows, smoking is hazardous to our health. Smoking can cause cancer. Smoking is a very poor and unpopular habit in the public area. Do you agree? According to many statistics, many people die every year because of the diseases related to smoking. Therefore, this should be a hot issue in the society because of two reasons.

First, the death of people who smoke is a great loss to their families. Second, the government needs to spend lots of money in paying for the health care of those people with sickness related to smoking. Once people addicted to smoking, the nicotine in the cigarettes will cause sickness in the body. So, remember, smoking is a very bad habit. Ng Wah boys, next time, when your friends said, "Do you mind if I smoke?" Please remember to say: "Yes, I mind for you, and also for me." Thank you.