

## *How I Spend My Sundays*

Good morning, Principal, Vice-Principals, teachers and fellow schoolmates.

Today I would like to share with you how I spend my Sundays. Sunday is my favourite day of the week because it is my day off. Sunday is a day for me to enjoy my life. Having a whole day to myself allows me to do what I want. It is true that after a pleasant and wonderful Sunday, I feel refreshed and ready to face all the heavy pressures of assignments and activities in school in the coming new week.

On Sundays I usually like to play ball games with my friends, such as basketball or football. Sometimes, I especially like to go shopping with my friends or go to see a movie. Reading a good novel is also one of my favourite hobby in the afternoon of every Sunday. On Sunday evening, I usually have dinner with my parents. Sometimes, Sunday is the best time for me to clean all the stuff in the house. I always have a good time on Sundays. Thank you.